Rates
FY22

Questions? Please contact:

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Services	Description	Rates/Units	
LifeBridge Academy			
Regular School Year (September-June)	Full Day	$235 per day	
	Half Day	$130 per day	
Summer School (June- August)	Full Day	$175 per day	
	Half Day	$120 per day	
		Medicaid	Non-Medicaid
Community Homes Adolescents	Residential Room & Board	Not covered	$226.85
	Therapeutic Behavioral Services- For Medicaid eligible	$146.22	$146.22
	TOTAL Comprehensive Daily Rate		**$373.07**
		Medicaid	Non-Medicaid
Community Homes Children	Residential Room & Board	Not covered	$226.85
	Therapeutic Behavioral Services- For Medicaid eligible	$146.22	$146.22
	TOTAL Comprehensive Daily Rate		**$373.07**
FreshSTART Assessment & Diagnostic Adolescents	Residential Room & Board	Not covered	$226.85
	Therapeutic Behavioral Services- For Medicaid eligible	$146.22	$146.22
	Additional Daily Supervision	Not covered	$78.78
	Diagnostic Services (Assessment/Evaluation)	Not covered	$24.47
	TOTAL Programmatic Daily Rate		**$476.32**
	On-Site Education 12months/ M-F	$195.68	
		Medicaid	Non-Medicaid
FreshSTART Assessment & Diagnostic Children	Residential Room & Board	Not covered	$226.85
	Therapeutic Behavioral Services- For Medicaid eligible	$146.22	$146.22
	Additional Daily Supervision	Not covered	$78.78
	Diagnostic Services (Assessment/Evaluation)	Not covered	$24.47
	TOTAL Programmatic Daily Rate		**$476.32**
	On-Site Education 12months/ M-F	$214.28	
Foster Care Services	Maintenance Basic 2 (0-4 years)	$496.00/month-state rate	
	Maintenance Basic 2 (5-12 yrs.)	$580.00/month-state rate	
	Maintenance Basic 2 (13+ yrs.)	$735.00/month-state rate	
	Maintenance Enhanced 2	Per VEMAT Score	
	Private Foster Care Support Supervision and Administration - Level 3 Intense	$165.09/night	

	Private Foster Care Support Supervision and Administration - Level 2 Intermediate	$153.50/night
	Private Foster Care Support Supervision and Administration - Level 1 Therapeutic	$137.15/night
	Assessment Treatment Level	$153.79/nights
	Non-Therapeutic Rate	$83.85/night
	Treatment Foster Care Case Mgt	$326.50/month
Additional Foster Care Services	Infant Rate	$496.00/month
	Pre-Placement Visitation (Overnight)	NO CHARGE
	Maintenance Transportation 2 Local Rate (less than 20 miles)	$35.00 each way
	Maintenance Transportation 2 Distance Rate (20 miles & over)	$1.75/mile
	Crisis Stabilization (Urban / Rural) Medicaid Billable	See Community Based Services Rate Sheet
	Supportive In-Home	$62.00/hour
	Short-Term Foster Care Services (Community)	Level 1: $221.62/night Level 2: $228.39/night
	Respite Services (Internal)	$63.75/night
	Therapeutic Aide (Community & School based) (*See Community-Based Sheet for description)*	$51.25/hour
	360 Emergency Aide	$52.79/hour
	Psychiatric Stabilization	$91.00/hour
YouthQuest Independent Living		
Independent Living 17 years and younger	Independent Living Arrangement - Room & Board	$41.23
	Independent Living Services -Life and Social Skill Training	$187.45
	TOTAL Comprehensive Daily Rate	**$228.68/day**
YouthQuest for Moms and Dads- 17 years and younger	Independent Living Arrangement - Room & Board	$41.23/day
	Independent Living Services -Life and Social Skill Training	$187.45/day
	Pregnant and/or parenting 1 child	$101.58/day
	TOTAL Comprehensive Daily Rate	**$330.26**
YouthQuest for Moms and Dads-18 years +	Independent Living Services	$307.14/day
	YouthQuest Room and Board	$644.00/month
Independent Living 18 years +	Independent Living Services	$205.59/day
	YouthQuest Room and Board	$644.00/month

YouthQuest Anywhere	YouthQuest Anywhere	$54.07/hour
Community Based Services		
	Intensive In-Home Services	$60.00/hour
	Supportive In-Home	$62.00/hour
	Crisis One – Crisis Stabilization	$89.00/hour Urban $81.00/hour Rural
	Crisis One-Crisis Intervention	$30.79/unit Urban $18.61/unit Rural
	Psychiatric Stabilization	$91.00/hour
	Mental Health Skill-Building	$91.00/unit Urban $83.00/unit Rural
	Parent Coaching	$57.42/hour
	Therapeutic Day Treatment	$36.53/unit
	Raising Our Children: Home Based Parent Counseling (ROC)	$78.00/hour
	Multisystemic Therapy (MST)	$90.00/day
	Safety, Treatment, Action and You & Your Family (STAY)	$70.00/hour
360 Transitional Solutions		
	360 Therapeutic Aide	$51.25/hour
	360 Emergency Aide	$52.79/hour
	360 Transportation-Local Rate (less than 20 miles)	$35.00 each way
	360 Transportation-Distance Rate (20 miles & over)	$1.75/mile
ABA Services		
	Initial Behavior Assessment (By BCBA/BCaBA)	$30.00/15 minutes
	Direct Services by RBT/BT (1:1)	$25.00/15 minutes
	Supervision/Program Development/Parent Training by BCBA/BCaBA	$30.00/15 minutes
	Group Services by RBT/BT (small group)	$17.50/15 minutes
	ABA Coaching/Consulting by RBT/BCBA/BCaBA	$25.00/15 minutes
	RBT Support in group environment (up to 4 clients)	$100.00/hour with minimum of 6 hours/day
Outpatient Counseling		
90791	Initial Diagnostic Assessment/Intake (w/no medical services)	$150.00
90832	Individual Psychotherapy (30 min.)	$75.00
90834	Individual Psychotherapy (45 min.)	$115.00
90837	Individual Psychotherapy (60 minutes)	$140.00
90846	Family Therapy (without client present)	$121.00

90847	Family Therapy -Couples/Marital Therapy	$121.00
90853	Group Psychotherapy-Psychoeducation, Skills Building, Training	$55.00/per group
90849	Multi-Family Group Therapy	$60.00/per group
Psychosexual Assessment	Assessment	$1000.00
Relapse Prevention Treatment	Individual Therapy (60 min)	$125.00
Not covered by insurance	Sex Offender Treatment Groups, DBT Treatment Groups	$55.00/per group
Not covered by insurance	Court Appearances	$100.00/hour (door to door) Min. $300.00/day
Not covered by insurance	Adjunctive Services (case management, letters, assessments, etc.)	$55.00/hour
True North Health Clinic		
90792	Initial Psychiatric Medication Appointment (60 min)	$200.00
99214	Follow up Psychiatric Medication Appointment (20 min)	$120.00
99214 + 90833	Follow up Psychiatric Medication Appointment with Brief Psychotherapy (30-45 min)	$195.00
90792	Initial Suboxone Medication Appointment without Induction (60 min)	$200.00
H0014	Initial Suboxone Medication Appointment with Induction (80 min)	$300.00
99214	Follow up Suboxone Medication Appointment (20 min)	$120.00
99214 + 90833	Follow up Suboxone Medication Appointment with Brief Psychotherapy (30 min)	$195.00
90791	Initial Counseling Substance Abuse Assessment (60 min)	$150.00
90837	Follow up Substance Abuse Counseling Session (60 min)	$140.00
H0015	Intensive Outpatient Program Counseling (3-hour block) X 3 times per week X 12 weeks $250 per 3-hour block X 3 times per week = $750 per week $750 per week X 12 weeks = $9000 (*length of time varies per individual)	$9,000.00
90853	Continue Care Group (60 min) $55.00 per group (*frequency and length of time varies per individual)	$55.00 per group

90853	Substance Abuse Group (60 min) (*length of time varies per individual)	$55.00
H0006	Substance Use Case Management	$243.00 per month
99408, G0396, H0049	SASSI	$35.00
80305	Urine Drug Screen Cup (price per cup used)	$20.00
Varies	Urine Drug Screen Confirmation or Oral Swab (Send out to the Solstas Lab) Patient can call 800-653-2205	Varies -Lab will bill patient
82075	Alcohol (Ethanol) Breath Test	$10.00
81025	Urine Pregnancy Test (price per test used)	$10.00
J code varies for type of drug	Injection of Psychotropic medication	$25.00

Program Services and Rates FY22

LifeBridge Academy offers year-round school with a variety of programs designed to meet the diverse educational needs of adolescents with behavioral and emotional challenges.

REGULAR SCHOOL YEAR PROGRAMS

Middle School & High School Traditional School Program: This program is designed for students in grades 6 - 12 who are pursuing a standard high school diploma. All courses in this track follow the Virginia Standards of Learning. High School classes are offered in a traditional classroom setting or online. Middle School classes are in person, supplemented with online activities.

ISAEP Program: For students aged 16 and above, we offer the option of preparing for the GED as an alternative to a traditional high school diploma. Students in this program work online to complete preparation for the GED tests with the option of physical education, career preparation and life skills courses to complement GED work. Students must meet ISAEP criteria to be eligible for this program.

Gap Program: This program is especially developed for students who need a short-term educational option. Students who are waiting for a permanent school placement or who are on homebound placement with their home school can utilize this temporary academic program.

SUMMER SCHOOL PROGRAMS

ISAEP Program: GED students can continue to complete GED preparation work during the summer.

Academic Remediation: Many students who are experiencing emotional and behavioral challenges have missed instructional time and may be functioning below grade level in reading and math. Our Summer Remediation program is an intense 8 week program focused on increasing basic reading and math skills.

Credit Recovery/High School Coursework: Online coursework, supervised by our experienced staff is offered for high school students who need to repeat a required course or who want to get a class under their belt during the summer.

All summer programs are complemented with therapeutic recreational activities including art, music, physical education, community service, and gardening as well as career exploration and life skills development.

DAILY RATES

Regular School Year (September -June)

Full Day	$235 per day
Half Day	$130 per day

Summer School (June – August)

Full Day	$175 per day
Half Day	$120 per day

LIFEBRIDGE ACADEMY

Summer Session Calendar

2021

June 2021						
S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

July 2021						
S	M	T	W	T	F	S
				1	*2*	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

August 2021						
S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	**23**	24	25	26	27	28
29	30	31				

Summer Session

Teacher Workday – No school for students

School Holiday – No school for students and staff

Parent/Family Engagement Activity

Early Release

First Day of 2021-2022 School Year

Summer Session Hours:

Monday – Friday
9:00 am – 2:30 pm

LIFEBRIDGE ACADEMY

Academic calendar

2021-2022

Aug 2021						
S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				
5 summer school days/ 7 school days						

Sep 2021						
S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		
19 school days						

Oct 2021						
S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31	20 school days					

Nov 2021						
S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				
18 school days						

Dec 2021						
S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	
13 school days						

Jan 2022						
S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31	20 school days				

Feb 2022						
S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28					
19 school days						

Mar 2022						
S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		
22 school days						

Apr 2022						
S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
15 school days						

May 2022						
S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				
20 school days						

Jun 2022						
S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		
7 school days/9 summer school days						

Jul 2022						
S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31	20 summer school days					

Early Release/Teacher Professional Development	**SCHOOL HOURS** Monday, Tuesday, Thursday 8:25 am – 4:15 pm Wednesday, Friday 8:25 am – 3:30 pm **SUMMER SCHOOL HOURS** Monday – Friday 9:00 – 2:30
Teacher Workday – No school for students	
No school for staff or students	
End of Interim	
End of Marking Period	**Summer School*** June 28 – August 6, 2021 June 20 – August 12, 2022 *Subject to change
Parent/Family Engagement	**Snow Make-up Days** January 24, February 21, March 9, April 18, 2022

Intercept Health
Community Home Per Diem Rate Schedules
July 1, 2021 – June 30, 2022

Group Homes for Boys:
Carriage House
Shenandoah House
Independence House

Group Homes for Girls:
Providence House
Spring House *Autumn House*

Intercept Health's Community Homes are Level-B Group homes for males and females, ages 12-19 years of age. Our homes are spacious, comfortable, community based, and provide a natural environment for treatment. Our community homes work with a variety of psychiatric diagnoses and behavioral disorders, including sexually reactive behavior. Our structured therapeutic milieu promotes pro-social behavior, self-esteem, emotional stability, personal accountability, and character building, while teaching the life skills necessary to become productive and responsible young men and women.

Comprehensive Daily Rate Breakdown:

	Medicaid Approved	Non-Medicaid
Residential Room & Board Includes semi-private room, 3 meals per day, snacks and personal care items	not covered	$226.85
Daily Supervision (Therapeutic Behavioral Services)*1*	$146.22	$146.22
Total Comprehensive Daily Rate		**$373.07**

1. For Medicaid-eligible residents, Daily Supervision/Therapeutic Behavioral Services for Children and Adolescents under age 21 (Level B) are reimbursed by Virginia Medicaid at the rate of $146.22 per day. The Procedure Codes are H2020-HW (CSA) and H2020-HK (non-CSA). Daily supervision includes a 1:4 staff to resident ratio as during awake hours and 1:8 staff to resident ratio during sleeping hours.

Intercept Health
Children's Community Home Per Diem Rate Schedules
July 1, 2021 – June 30, 2022

Children's Community Home: Shire House

Intercept Health's Children's Level-B Community Home is designed to treat males and females, ages 7-12 years of age. We create a comfortable and supportive environment for our young clients to receive the treatment they need to successfully transition into a family setting. Children with psychiatric disorders relating to mood instability, conduct issues or even sexual reactive behaviors will receive weekly individual and group therapy with a licensed or licensed-eligible clinician. Family engagement will be a priority so that natural supports are maintained and placement in a family setting can be achieved. In addition, they will be provided a structured, therapeutic milieu that will include age appropriate psycho-educational groups, mixed with fun recreation activities daily that will be catered to each client's identified treatment goals.

Comprehensive Daily Rate Breakdown:

	Medicaid Approved	**Non- Medicaid**
Residential Room & Board Includes semi-private room, 3 meals per day, snacks and personal care items	Not Covered	$226.85
Daily Supervision (Therapeutic Behavioral Services)[1]	$146.22	$146.22
Total Comprehensive Daily Rate		**$373.07**

1. For Medicaid-eligible residents, Daily Supervision/Therapeutic Behavioral Services for Children and Adolescents under age 21 (Level B) are reimbursed by Virginia Medicaid at the rate of $146.22 per day. The Procedure Codes are H2020-HW (CSA) and H2020-HK (non-CSA). Daily supervision includes a 1:4 staff to resident ratio as during awake hours and 1:8 staff to resident ratio during sleeping hours.

Intercept Health
FreshSTART Assessment & Diagnostic Home for Adolescents
Per Diem Rate Schedules
July 1, 2021 – June 30, 2022

FreshSTART for Boys *Gateway House*

FreshSTART for Girls *Fountain House*

Comprehensive Daily Rate Breakdown:

	Medicaid approved	Non-Medicaid
Residential Room & Board Includes semi-private room, 3 meals per day, snacks and personal care items	Not Covered	$226.85
Daily Supervision (Therapeutic Behavioral Services)[1]	$146.22	$146.22
Additional Daily Supervision[2]	Not Covered	$78.78
Diagnostic Services (Assessment/Evaluation)	Not Covered	$24.47
Total Programmatic Daily Rate		**$476.32**
On-Site Education (12-month school year / M-F and enrichment days)[3]		$195.68
Total Education Daily Rate (M-F)		**$195.68**

Optional Services

Speech & Language per IEP (each session) (based on external provider)
Occupational Therapy per IEP (each session) (based on external provider)

Assessment Options

● **Psychological Testing -** Included in A&D Track; not included in 30-day Stabilization Track; Testing may include Cognitive, Personality/MSE, Educational testing based on appropriateness.

- Cognitive assessments include administration of a valid IQ test (e. g. WISC, WAIS, WJ COG, DTLA), as well as supplemental testing as needed. For example, this might include tests of executive functioning, memory, language, fine motor skills.
- Personality/MSE assessments include structured clinical interviews and mental status examination and other measures tailored to client needs, for example, behavioral and symptomatic questionnaire and assessments based on clinical presentation may include, but are not limited to use of tools such as Behavioral and Emotional Rating Scale (BERS-2), Casey Life Skills Assessment, Youth Resiliency Checklist, Strengths and Needs Assessment (SNA), Severity Measure for Generalized Anxiety Disorder, Affective Reactivity Index, Beck Depression Inventory, as well as projective techniques such as Rorschach Inkblots, Incomplete Sentences, and personality testing (MMPI-Adolescent)
- Educational testing includes administration of a valid, standardized achievement test battery (e.g. WIAT, WJ ACH), as well as supplemental testing as needed.

● **Sexual Offense Assessment (i.e. J-SOAP, SAI, Phase Questionnaire) -** Included as appropriate
● **Psycho-Sexual Evaluation -** (based on external provider)
●**Genogram -** Included in A&D Track; not included in 30-day Stabilization Track
● **Physical Examination** **(**based on external provider unless covered by insurance)
● **Dental Examination** **(**based on external provider unless covered by insurance)

1. For Medicaid-eligible residents, Daily Supervision/ Therapeutic Behavioral Services for Children and Adolescents under age 21 (Level B) are reimbursed by Virginia Medicaid at the rate of $146.22 per day. The Procedure Codes are H2020-HW (CSA) and H2020- HK (non-CSA).
2. Additional Daily Supervision includes increased staffing patterns to provide adequate sight and sound supervision while completing the assessment and evaluating "what is and is not working" for the youth. This fee is associated with increased clinical support, increased staffing patterns, and on-going observations in order to make adjustments to the behavior support program based on the youth's individual strengths and needs.
3. FreshSTART believes in teaching to the whole child and developing students into fulfilling adults who are a benefit for their potential communities. We do this by including enrichment days into the yearly school calendar to ensure the learning experience for students encompasses traditional and character education. Enrichment days will promote critical thinking and problem-solving skills, improve student's ability to concentrate, and make learning more meaningful, valuable, and rewarding. Enrichment days will be led with kinesthetic learning activities that are fun, which helps students to become more engaged in their learning and retain more information.

*Fresh*START Academy: 2021-2022 ACADEMIC CALENDAR

AUGUST 2021						22
S	M	T	W	TH	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

SEPTEMBER 2021						21
S	M	T	W	TH	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

OCTOBER 2021						21
S	M	T	W	TH	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

NOVEMBER 2021						19
S	M	T	W	TH	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				
30						

DECEMBER 2021						20
S	M	T	W	TH	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

JANUARY 2022						20
S	M	T	W	TH	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

FEBRUARY 2022						20
S	M	T	W	TH	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28					

MARCH 2022						22
S	M	T	W	TH	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

APRIL 2022						21
S	M	T	W	TH	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

MAY 2022						21
S	M	T	W	TH	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

JUNE 2022						21
S	M	T	W	TH	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

JULY 2022						20
S	M	T	W	TH	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

NO SCHOOL
Teacher In-Service

NO SCHOOL
Holiday

Enrichment Activities

Intercept Health
FreshSTART Assessment & Diagnostic Home for Children
Per Diem Rate Schedules
July 1, 2021 – June 30, 2022

FreshSTART for Children
Vision House

Comprehensive Daily Rate Breakdown:

	Medicaid Approved	Non-Medicaid
Residential Room & Board Includes semi-private room, 3 meals per day, snacks and personal care items	Not Covered	$226.85
Daily Supervision (Therapeutic Behavioral Services)[1]	$146.22	$146.22
Additional Daily Supervision[2]	Not Covered	$78.78
Diagnostic Services (Assessment/Evaluation)	Not Covered	$24.47
Total Programmatic Daily Rate		**$476.32**
On-Site Education (12-month school year / M-F and enrichment days)[3]		$214.28
Total Education Daily Rate (M-F)		**$214.28**

Optional Services

Speech & Language per IEP (each session)	(based on external provider)
Occupational Therapy per IEP (each session)	(based on external provider)

Assessment Options

● **Psychological Testing -** Included in A&D Track; not included in 30-day Stabilization Track; Testing may include Cognitive, Personality/MSE, Educational testing based on appropriateness.

- Cognitive assessments include administration of a valid IQ test (e. g. WISC, WAIS, WJ COG, DTLA), as well as supplemental testing as needed. For example, this might include tests of executive functioning, memory, language, fine motor skills.
- Personality/MSE assessments include structured clinical interviews and mental status examination and other measures tailored to client needs, for example, behavioral and symptomatic questionnaire and assessments based on clinical presentation may include, but are not limited to use of tools such as Behavioral and Emotional Rating Scale (BERS-2), Casey Life Skills Assessment, Youth Resiliency Checklist, Strengths and Needs Assessment (SNA), Severity Measure for Generalized Anxiety Disorder, Affective Reactivity Index, Beck Depression Inventory, as well as projective techniques such as Rorschach Inkblots, Incomplete Sentences, and personality testing (MMPI-Adolescent)
- Educational testing includes administration of a valid, standardized achievement test battery (e.g. WIAT, WJ ACH), as well as supplemental testing as needed.

● **Sexual Offense Assessment (i.e. J-SOAP, SAI, Phase Questionnaire) -** Included as appropriate

● **Psychosexual Evaluation -** (based on external provider)

● **Genogram -** Included in A&D Track; not included in 30-day Stabilization Track

- **Physical Examination** **(**based on external provider unless covered by insurance)
- **Dental Examination** **(**based on external provider unless covered by insurance)

1. For Medicaid-eligible residents, Therapeutic Behavioral Services for Children and Adolescents under age 21 (Level B) are reimbursed by Virginia Medicaid at the rate of $146.22 per day. The Procedure Codes are H2020-HW (CSA) and H2020- HK (non-CSA).
2. Additional Daily Supervision includes increased staffing patterns to provide adequate sight and sound supervision while completing the assessment and evaluating "what is and is not working" for the youth. This fee is associated with increased clinical support, increased staffing patterns, and on-going observations in order to make adjustments to the behavior support program based on the youth's individual strengths and needs.
3. FreshSTART believes in teaching to the whole child and developing students into fulfilling adults who are a benefit for their potential communities. We do this by including enrichment days into the yearly school calendar to ensure the learning experience for students encompasses traditional and character education. Enrichment days will promote critical thinking and problem-solving skills, improve student's ability to concentrate, and make learning more meaningful, valuable, and rewarding. Enrichment days will be led with kinesthetic learning activities that are fun, which helps students to become more engaged in their learning and retain more information.

*Fresh*START Academy: 2021-2022 ACADEMIC CALENDAR

AUGUST 2021						22
S	M	T	W	TH	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

SEPTEMBER 2021						21
S	M	T	W	TH	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

OCTOBER 2021						21
S	M	T	W	TH	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

NOVEMBER 2021						19
S	M	T	W	TH	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				
30						

DECEMBER 2021						20
S	M	T	W	TH	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

JANUARY 2022						20
S	M	T	W	TH	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

FEBRUARY 2022						20
S	M	T	W	TH	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28					

MARCH 2022						22
S	M	T	W	TH	F	S
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13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

APRIL 2022						21
S	M	T	W	TH	F	S
					1	2
3	4	5	6	7	8	9
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17	18	19	20	21	22	23
24	25	26	27	28	29	30

MAY 2022						21
S	M	T	W	TH	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

JUNE 2022						21
S	M	T	W	TH	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

JULY 2022						20
S	M	T	W	TH	F	S
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10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

NO SCHOOL
Teacher In-Service

NO SCHOOL
Holiday

Enrichment Activities

Intercept Health
Foster Care Services
Service Rates
July 1, 2021 – June 30, 2022

Foster Care Services	**Rate/Unit**
Maintenance Basic 2 (0-4 years)	$496.00/month-state rate
Maintenance Basic 2 (5-12 yrs.)	$580.00/month-state rate
Maintenance Basic 2 (13+ yrs.)	$735.00/month-state rate
Maintenance Enhanced 2	Per VEMAT Score
Private Foster Care Support Supervision and Administration - Level 3 Intense	$165.09/night
Private Foster Care Support Supervision and Administration - Level 2 Intermediate	$153.50/night
Private Foster Care Support Supervision and Administration - Level 1 Therapeutic	$137.15/night
Assessment Treatment Level	$153.79/night
Non-Therapeutic Rate	$83.85/night
Treatment Foster Care Case Management	$326.50/month
Additional Services	Rates
Infant Rate	$496.00/month
Pre-Placement Visitation (Overnight)	NO CHARGE
Maintenance Transportation Local Rate (less than 20 miles)	$35.00 each way
Maintenance Transportation Distance Rate (20 miles & over)	$1.75/mile
360 Therapeutic Aide (Community & School based) *(See Community-Based Sheet for description)*	$51.25/hour
360 Emergency Aide	$52.79/hour
Crisis Stabilization (Urban / Rural) Medicaid Billable	See Community Based Services Rate Sheet
Supportive In-Home	$62.00/hour
Short-Term Foster Care Services (Community)	Level 1: $221.62/night Level 2: $228.39/night
Respite Services (Internal)	$63.75/night
Psychiatric Stabilization	$91.00/hour

Service Descriptions

2021-2022 **Intercept Health Foster Care Services**

Therapeutic Teaching Parent Payment: (Enhanced Maintenance Payment – Per VEMAT) … Enhanced Maintenance Payment is the source of the payment to foster parents for the extra supervision involved in their work with special needs/emotionally disturbed youth as defined by the Virginia Enhanced Maintenance Assessment Tool (VEMAT).

Private Foster Care Support Supervision and Administration- Level 3 Intensive … The needs of a child served at level 3 on-going treatment foster care are of such acuity or severity that they require intensive action (interventions, services, supports etc.) be taken to address, remedy or ameliorate the needs. Without such intervention(s) the child may be at risk of residential placement. Children served at level 3 will demonstrate a high level of social/emotional/behavioral/medical/personal care needs or impairment for normal range of age and development. *Areas of need may include but not be limited to, depression, anxiety, impulsivity, hyperactivity, anger control, adjustment to trauma, oppositional, substance abuse, eating disorder, physical health condition, developmental delay, serious or life threatening illnesses or conditions that require the routine use of a medical device, and / or daily ongoing care/monitoring, or intellectually disabled.* Every month respectively, Intercept Health Staff will provide at least four (4) face to face visits with the youth, two (2) of which are conducted in the treatment foster home.

Private Foster Care Support Supervision and Administration - Level 2 Intermediate…. The needs of a child served at level 2 on-going treatment foster care require that significant action (interventions, services, supports etc.) be taken to address, remedy or ameliorate the identified needs. Children served at level 2 will typically demonstrate relatively moderate level of social/emotional/behavioral/medical/personal care needs or impairment for normal range of age and development. *Areas of need may include but not be limited to, depression, anxiety, impulsivity, hyperactivity, anger control, adjustment to trauma, oppositional, substance abuse, eating disorder, physical health condition, developmental delay, serious or life threatening illnesses or conditions that require the routine use of a medical device, and / or daily ongoing care/monitoring or, intellectually disabled.* Every month respectively, Intercept Health Staff will provide at least three (3) face to face visits with the youth, one (1) of which is conducted in the treatment foster home.

Private Foster Care Support Supervision and Administration- Level 1 Therapeutic…. The needs of a child served at level 1 on-going treatment foster care require monitoring or the LCPA may need to provide services to lessen the likelihood that identified needs will become more acute or return after being "resolved". Children served level 1 will typically demonstrate a relatively low level of social/emotional/behavioral/medical/personal care needs or impairment for normal range of age and development. *Areas of need may include but not be limited to, depression, anxiety, impulsivity, hyperactivity, anger control, adjustment to trauma, oppositional, substance abuse, eating disorder, physical health condition, developmental delay, serious or life threatening illnesses or conditions that require the routine use of a medical device, and / or daily ongoing care/monitoring or intellectually disabled.* Every month respectively, Intercept Health Staff will provide at least two (2) face to face visits with the youth, one (1) of which is conducted in the treatment foster home.

Assessment Treatment Level… Children served at the assessment level of treatment foster care are those who are newly placed with licensed child placing agency and for whom an assessment to determine the appropriate level of foster care services is being conducted. The maximum stay at the Assessment Treatment Level shall not exceed sixty (60) days to complete a needs assessment and service plan, per requirements of VDSS, Division of

licensing Programs. The time frame of the assessment may vary based on the accurate and thorough assessment of the child's strengths and needs.

Non-Treatment Foster Care… Children served at the non-treatment level of foster care may be developmentally on target, demonstrate age-appropriate behaviors, able to participate in community activities without restriction, or be the sibling of a child who meets the criteria for on-going TFC placement in the same foster home. Children shall be served at the Non-treatment Foster Care level if the assessment indicates treatment foster care services are not needed. Children/youth placed on the Non-Treatment Foster Care Level are not expected to meet DMAS criteria; this service includes a maximum of one (1) face to face visit with the youth in the treatment foster home and (1) face to face visit every 60 days conducted by Intercept Health Staff. This contact per month includes 24/7 crisis intervention.

*All TFC-Support & Supervision Levels may have additional support services that assist in the implementation of the child/youth's treatment goals/objectives and/or permanency goal/discharge plan.

TFC Case Management ... Defined by DMAS in 2007, this service assists clients in gaining access to needed medical, social, educational and other services. It covers assessment, planning, referral and monitoring of services. It does not cover direct delivery of services, recruitment and approval of foster parents, their training, staff training, client placement, foster parent support, supervision and other service components of TFC. This service is combined with the appropriate level of TFC-Supervision & Support described above. This service may or may not be covered by Medicaid depending upon the eligibility of the child. It is billed at a day rate when paid through CSA.

Infant Rate/Support Service … This rate covers coordination of and services for infants who remain in the custody of a Treatment Foster Care client. This is an additional service that can be contracted on a case-by-case basis. Services for the infant will be monitored through the relationship with the client when placed together. The Basic Maintenance for the infant is added to the client's charges. For infants who are in the custody of social services and placed in an Intercept Health home, all individual foster care rates apply for infant.

Overnight Pre-Placement Visits…There is no charge for daytime or overnight pre-placement visits. The visits are intended to ensure proper placement and adjustment of child and family prior to formal placement. Mileage and travel expense reimbursement can be agreed upon for unique situations in advance of pre-placement visits on a case-by-case basis.

Supportive In-Home … This is an add on service, that can be utilized in conjunction with the TFC-Support & Supervision and TFC Case Management services to offer individual and/or family counseling services to assist in the transition of children/youth from higher levels of care before s/he is placed in the treatment foster care home or to provide extra therapeutic support to a child/youth who may be at risk of placement disruption.

Short-term Foster Care Services (Community) … This is designed to provide crisis or alternate planned-support relief for up to 29 consecutive calendar days to families in need of substitute care placement arrangements for children/youth. The substitute care placement environments used are approved Intercept Health foster homes. Short-term overnight care:
Level 1: Overnight respite care for children with behavioral issues requiring minimal to no intervention.
Level 2: Overnight respite care for children with behavioral issues requiring major interventions.

Respite Services … This is a temporary, internal support service provided to approved Intercept Health foster families, for which Intercept Staff arrange on their behalf with other internal Intercept Health foster homes by reviewing respite care options with teaching parents and by the matching children with respite caregivers.

Respite Services provide valuable support and relief to the primary treatment foster families while ensuring the health and safety of the client and families. Use of respite is also a healthy mechanism to enhance attachments for children/youth with their caregivers. This service can also provide emergency relief to internal Intercept Health families in crisis situations. An accrual system is utilized with Intercept Health foster families. This service can be contracted to allow for additional respite services for children/youth on a case-by-case basis when the child/youth has exceptional needs.

Crisis Stabilization (Urban / Rural) …this is a Medicaid eligible program for children, adolescents & adults at-risk of psychiatric hospitalization and/or incarceration due to mental health issues. Crisis One provides clinical crisis services in the homes and communities of individuals experiencing suicidal ideations, severe depression, aggressive or self-harming behaviors, extreme social isolation, threatening behaviors, dangerous decision making, property destruction, hallucinations/delusional thinking, and other decompensating changes in behavior that prompt concern.

Psychiatric Stabilization
Intercept's Psychiatric Stabilization Services are direct mental health care to non-hospitalized individuals experiencing an acute crisis of a psychiatric nature that places them at risk of psychiatric hospitalization or at risk of placement disruption. The goals are to avert hospitalization or re-hospitalization; stabilize the current placement, provide normative environments with a high assurance of safety; stabilize individuals in psychiatric crisis; and mobilize both referrals for necessary treatment post discharge as well as resources through natural supports. While admitted to the program, individuals will participate in a psychiatric evaluation and/or medication evaluation, treatment planning, individual and group counseling, and symptom and behavior management for up to 15 consecutive days or on an intermittent basis for up to 30 days. Staff who provide Psychiatric Stabilization services use a trauma informed care approach.

Additionally, service provision may include any caretaker or involved professional with or without the client if clinically indicated. Crisis staff may participate in treatment team meetings and participate in service coordination and referral work with or without the client.

Therapeutic Aide- see 360 Transitional Solutions for service definition.

360º Emergency Aide- see 360 Transitional Solutions for service definition.

Service descriptions last revised 3/15/21
"There is no charge for non-treatment level case management. In addition, if Medicaid determines the child does not meet medical necessity criteria and denies Treatment Foster Care Case Management, CSA <u>may</u> pay for case management based on justification of need. In all cases, Provider must obtain FAPT/CPMT prior approval."

Intercept Health
YouthQuest Anywhere Per Diem Rate Schedule
Community Based Independent Living Services
July 1, 2021 – June 30, 2022

Comprehensive Rate and Services:

YouthQuest is excited to offer a community based independent living services providing intensive 1:1 case management and independent living training for youth in their own apartment. The service is set up in 3-month tiers and is designed to be completed in a year or as the youth achieves proficiency. During this service youth will be able to build their rental histories, manage their money, attend an educational program and establish employment stability. Program Staff will use the Casey Life Skills Assessments, provide support 24 hours a day, provide 1:1 training, and case management services to the youth as they continue to live independently.

Room and Board: Responsibility of the youth

Independent Living Services:
$54.07 per hour

The following services are included in the Independent Living Service:

- Identify and secure housing
- Maintain housing
- Create a transitional living plan, and work on goals
- Identify and utilize community and family resources and supports
- Obtaining and maintaining employment
- Explore and enroll in educational programming
- Make progress toward educational programming goals
- Identify and use public transportation
- Develop and follow a budget/spending plan

Intercept Health
YouthQuest – Independent Living Per Diem Rate Schedule
17 years and younger
July 1, 2021 – June 30, 2022

Comprehensive Daily Rate and Services:

Independent Living Arrangement *-Room & Board*	$ 41.23
Independent Living Services	
-Life and Social Skill Training	$ 187.45
Total Comprehensive Daily Rate:	**$ 228.68**

YouthQuest is a licensed independent living arrangement that serves youth, aged 17-21, from a variety of previous placements with varied psychiatric diagnoses and behavioral disorders. YouthQuest provides 1:1 case management in a structured, supervised apartment setting where youth work on goals, specific to them, in areas such as: menu and meal planning, food preparation, cleaning and other household maintenance, identifying and securing housing, identifying and utilizing community and family supports, obtaining and maintaining employment, exploring then enrolling and succeeding in educational programs, scheduling college and/or vocational tours, identifying and using public transportation, developing and following a budget, practicing daily hygiene, refraining from substance use, learning social skills, etc.

The following services are included in the comprehensive daily rate:

- Life Skills Training and Coaching for 5-10 hours per week
- Completion of Casey Life Skills Assessment (annually)
- Formulation of Transitional Living Service Plan
- Formulation of Monthly Reports and Quarterly Service Plan Updates
- Weekly Case Coordination with Referring Agency and other community partners involved in youth's case
- Coordination of Medical Services, including supervision of prescribed medications
- Coordination of Therapeutic Services
- Assistance with educational services, employment, and daily living
- Weekly Life Skills Group
- Staff on call 24 hours per day
- Weekly Grocery Allowance, including weekly menu planning
- Transportation for school, work, religious activities, medical needs, and family Visitation

Intercept Health
YouthQuest for Moms and Dads – Independent Living (17 years old and younger)
Per Diem Rate Schedule
July 1, 2021 – June 30, 2022

Comprehensive Daily Rate and Services:

Independent Living Arrangement *-Room & Board*	$ 41.23
Independent Living Services *-Life and Social Skill Training*	$187.45
Pregnant and/or parenting 1 child *-Additional Parenting Support*	$101.58
Total Comprehensive Daily Rate	**$330.26**

Please note: Pregnant and/or parenting 2 children is an additional $50.00 per day, in order to cover the additional room and board costs, additional transportation services, and additional support

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YouthQuest is a licensed independent living arrangement that serves youth, aged 17-21, from a variety of previous placements with varied psychiatric diagnoses and behavioral disorders. YouthQuest provides 1:1 case management in a structured, supervised apartment setting where youth work on goals, specific to them, in areas such as: menu and meal planning, food preparation, cleaning and other household maintenance, identifying and securing housing, identifying and utilizing community and family supports, obtaining and maintaining employment, exploring then enrolling and succeeding in educational programs, scheduling college and/or vocational tours, identifying and using public transportation, developing and following a budget, practicing daily hygiene, refraining from substance use, learning social skills, etc. For the youth in YouthQuest for Moms and Dads, there are additional parenting education and support services included.

The following services are included in the comprehensive daily rate:

- Use of the Nurturing Parenting Curriculum
- Assistance with building and enhancing parenting skills
- Ongoing parenting education and behavior modification techniques
- Life Skills Training and Coaching for 5-10 hours per week
- Completion of Casey Life Skills Assessment (annually)
- Formulation of Transitional Living Service Plan
- Formulation of Monthly Reports and Quarterly Service Plan Updates
- Weekly Case Coordination with Referring Agency and other community partners involved in youth's case
- Coordination of Medical Services, including supervision of prescribed medications
- Coordination of Therapeutic Services
- Assistance with educational services, employment, and daily living
- Weekly Life Skills Group
- Staff on call 24 hours per day
- Weekly Grocery Allowance, including weekly menu planning
- Transportation for school, work, religious activities, medical needs & family visitation

Intercept Health
YouthQuest for Moms and Dads – Independent Living (18 years old +)
Per Diem Rate Schedule
July 1, 2021 – June 30, 2022

Comprehensive Daily Rate and Services:

Independent Living Services	**$307.14/day**
YouthQuest Room and Board	**$644.00/month**

Note: The Independent Living Stipend and/or Fostering Futures Maintenance Payment that YouthQuest will be receiving on behalf of the youth will be used to cover the YouthQuest Room and Board rate. With the youth who are receiving the Fostering Futures Maintenance Payment, the additional $91 from the $735 maintenance payment will be placed in the youth's YouthQuest savings account. The youth will be allowed to use the $91 that is placed into their savings account for their personal monthly expenses as well as to work on their money management skills.

Please note: Pregnant and/or parenting 2 children is an additional $50.00 per day, in order to cover the additional room and board costs, additional transportation services, and additional support

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YouthQuest is a licensed independent living arrangement that serves youth, aged 17-21, from a variety of previous placements with varied psychiatric diagnoses and behavioral disorders. YouthQuest provides 1:1 case management in a structured, supervised apartment setting where youth work on goals, specific to them, in areas such as: menu and meal planning, food preparation, cleaning and other household maintenance, identifying and securing housing, identifying and utilizing community and family supports, obtaining and maintaining employment, exploring then enrolling and succeeding in educational programs, scheduling college and/or vocational tours, identifying and using public transportation, developing and following a budget, practicing daily hygiene, refraining from substance use, learning social skills, etc. For the youth in YouthQuest for Moms and Dads, there are additional parenting education and support services included.

The following services are included in the comprehensive daily rate:

- Use of the Nurturing Parenting Curriculum
- Assistance with building and enhancing parenting skills
- Ongoing parenting education and behavior modification techniques
- Life Skills Training and Coaching for 5-10 hours per week
- Completion of Casey Life Skills Assessment (annually)
- Formulation of Transitional Living Service Plan
- Formulation of Monthly Reports and Quarterly Service Plan Updates
- Weekly Case Coordination with Referring Agency and other community partners involved in youth's case
- Coordination of Medical Services, including supervision of prescribed medications
- Coordination of Therapeutic Services
- Assistance with educational services, employment, and daily living
- Weekly Life Skills Group
- Staff on call 24 hours per day
- Weekly Grocery Allowance, including weekly menu planning
- Transportation for school, work, religious activities, medical needs & family visitation

Intercept Health
YouthQuest Independent Living (18 years old +)
Independent Living Per Diem Rate Schedule
July 1, 2021 – June 30, 2022

Comprehensive Daily Rate and Services:

Independent Living Services	**$205.59/day**
YouthQuest Room and Board	**$644.00/month**

Note: The Independent Living Stipend and/or Fostering Futures Maintenance Payment that YouthQuest will be receiving on behalf of the youth will be used to cover the YouthQuest Room and Board rate. With the youth who are receiving the Fostering Futures Maintenance Payment, the additional $91 from the $735 maintenance payment will be placed in the youth's YouthQuest savings account. The youth will be allowed to use the $91 that is placed into their savings account for their personal monthly expenses as well as to work on their money management skills.

YouthQuest is a licensed independent living arrangement that serves youth, aged 17-21, from a variety of previous placements with varied psychiatric diagnoses and behavioral disorders. YouthQuest provides 1:1 case management in a structured, supervised apartment setting where youth work on goals, specific to them, in areas such as: menu and meal planning, food preparation, cleaning and other household maintenance, identifying and securing housing, identifying and utilizing community and family supports, obtaining and maintaining employment, exploring then enrolling and succeeding in educational programs, scheduling college and/or vocational tours, identifying and using public transportation, developing and following a budget, practicing daily hygiene, refraining from substance use, learning social skills, etc. For the youth in YouthQuest for Moms and Dads, there are additional parenting education and support services included.

The following services are included in the comprehensive daily rate:

- Life Skills Training and Coaching for 5-10 hours per week
- Completion of Casey Life Skills Assessment (annually)
- Formulation of Transitional Living Service Plan
- Formulation of Monthly Reports and Quarterly Service Plan Updates
- Weekly Case Coordination with Referring Agency and other community partners involved in youth's case
- Coordination of Medical Services, including supervision of prescribed medications
- Coordination of Therapeutic Services
- Assistance with educational services, employment, and daily living
- Weekly Life Skills Group
- Staff on call 24 hours per day
- Weekly Grocery Allowance, including weekly menu planning
- Transportation for school, work, religious activities, medical needs, and family Visitation

Intercept Health
Community Based Services Descriptions
July 1, 2021 – June 30, 2022

Intensive In-Home Services - Services for children/adolescents under the age of 21. Services are intensive, time-limited interventions provided typically but not solely in the residence of a child who is at-risk of being moved into an out of home placement or who is being transitioned to the home from an out of home placement due to documented clinical needs of the child. These services provide crisis treatment, individual and family counseling and communication skills (e.g. counseling to asset the child and his parent to understand and practice appropriate problem-solving, anger management, and interpersonal interactions, etc.) and coordination with other required services. Services also included 24-hour emergency response.

Supportive In-home Services - Support and other structured services provided to strengthen individual skills and or provide environmental supports for individuals with behavioral/mental health problems. Services are based on the needs of the individual and include training and assistance. Services include Supportive In-home non- licensed service.

Crisis Intervention and Crisis Stabilization (Crisis One- Mobile Crisis Services) - Crisis One is a mobile crisis service for children, adolescents & adults who are experiencing an acute crisis of a psychiatric nature that may jeopardize their current community living situation. Crisis One provides clinical crisis services in the homes and communities of individuals experiencing suicidal ideations, severe depression, aggressive or self-harming behaviors, extreme social isolation, threatening behaviors, dangerous decision making, property destruction, hallucinations/delusional thinking, and other changes in behavior that prompt concern of decompensation.

Mental Health Skill-Building Service - A training service for individuals with significant psychiatric functional limitations. Services are designed to train individuals in functions skills and appropriate behavior related to the individual's health and safety, activities of daily living and use of community resources, assistance with medication management and monitoring health, nutrition and physical condition. These services are intended to enable individual with significant mental illness to achieve and maintain community stability and independence in the most appropriate, least restrictive environment.

360º Transitional Solutions- Community based programming providing evidence-based therapeutic interventions. ***Services include:***

- ***360º Therapeutic Aide*** – One to one support for clients in the community and daycare/school setting. A Behavioral Assessment will be completed upon initiation to include observation, documentation review and interviews with members of the treatment team to help identify goals for the Behavioral Plan. A Behavioral Plan will detail the Goals, Objectives and Interventions to be implemented to address the identified problems areas inhibiting the client's stability and success. Staff are trained in ABA strategies, trauma-informed care, PBIS and resiliency theory.

  School-based TA staff will provide up to 19 days of additional therapeutic services during school identified holidays and non-educational days, referred to as Enrichment Days at no additional cost. Enrichment days will promote critical thinking and problem-solving skills, improve student's ability to concentrate, and make learning more meaningful, valuable, and rewarding. Services can be provided 1:1 or 1:2 depending on the client's needs. Clients demonstrating emotional gains and receiving a 1:1 can transition to a 1:2 or a lower level of care.

- ***360º Emergency Aide***: Emergency Aides are dispatched on short notice to provide adequate supervision for children/adolescents needing assistance for up to 30 days. Full 24-hour supervision is also available. Additional Aides may be utilized for children/adolescents who may exhibit highly aggressive behaviors.
- ***360º Transportation (Local and Distant)* –** Local and Distant Transportation is provided by drivers trained in trauma-informed care and behavioral de-escalation (Ukeru/Crisis Wave). Local transportation can be provided for any type of situation within a 20-mile range. Distant cases are over 20 miles with out-of-state transportation available. Secure transports provide a non-intrusive approach for children/adolescents with aggressive behaviors. Emergency Aide(s) may be used when additional support is needed during distant trips.

Raising Our Children (ROC) – Home Based Parent Counseling focused on six core areas including nurturing and attachment; childcare and safety; health and nutrition; child growth and development; positive discipline; and parental and family resilience. ROC promotes a healthy parent-child relationship and utilizes the Nurturing Parenting Curriculum, an evidence-based program.

Therapeutic Day Treatment: Therapeutic Day Treatment (TDT) is school based counseling for at risk students exhibiting behavioral, emotional, or mental illness characteristics. TDT utilizes a Positive Behavioral Support model to identify, address and decrease problem behaviors and assist the student with optimal classroom behavior.

Parent Coaching: a prevention service that empowers caretakers with the knowledge and tools necessary to parent effectively and with confidence while maintaining a healthy, nurturing relationship with their child. Parent Coaching offers individualized approaches to teach caretakers parenting skills through an evidenced-based parenting curriculum. During home-based sessions, parenting specialists provide remedial review of curriculum information, model parenting skills, role-play parenting techniques with the caretaker, facilitate opportunities for caretakers to begin practicing healthy parenting strategies within their parent-child relationship, and tailor their intervention to meet the unique needs of each caretaker.

Multisystemic Therapy: MST is an evidence-based program that empowers at-risk youth and their families to function responsibly over the long term. The targeted population for MST is youth ages 12-17 years old, at risk of being removed from home due to delinquent and antisocial behavior. This includes Virginia Children's Services Act populations, youth who are eligible for services through a Child in Need of Services (CHINS) Agreement, youth who have significant emotional or behavioral problems and may be at risk of residential placement as well as Department of Juvenile Justice populations.

S.T.A.Y.: STAY is a home-based service that aims to keep families together by stabilizing the home placement of youth who are at high and/or imminent risk of being placed in a congregate care setting. Standing for Safety, Treatment, Action and You & Your Family, STAY is anchored in trauma-focused, evidenced-based training and interventions. STAY offers a team approach in meeting the behavioral health needs of youth and their families, recognizing each family member as an essential part of the team. STAY relies on a collaborative model to teach the skills necessary to thrive in the home, school, and community, including these four service areas:

- Safety Planning and Monitoring
- Development of Individual and Family Protective Factors
- Trauma-Focused, Evidence-Based Parent Skill Training
- Comprehensive Service Planning and Coordination

ABA Services:

Initial Behavior Assessment – Completed by Board Certified Behavior Analyst or Board-Certified Assistance Behavior Analyst. Service is to determine appropriateness of ABA therapy and develop initial treatment plan. Includes direct and indirect assessment of client, interview with family members and other service providers, development of treatment plan, and determination of treatment frequency.

Direct Services by RBT/BT (1:1) – Direct implementation of ABA treatment plan by a Registered Behavior Technician or ABA Behavior Tech.

Supervision/Program Development/Parent Training by BCBA/BCaBA – encompasses work completed by BCBA/BCaBA on an on-going basis for client, including supervision of RBT/BT (simultaneously with 1:1 or group services), ongoing program development and treatment plan updating, parent and caregiver training, and other required services such as direct observation and feedback. Occurs at 10-20% of direct service hours.

Group Services by RBT/BT – 1:2-1:4 services with one Registered Behavior Technician or ABA Behavior Tech and up to 4 clients working together on social skills, group skills, or other interventions best taught in a small group of same-aged participants.

ABA Coaching and Consulting – Designed for families who require in-depth coaching by experienced RBT or directly by BCBA/BCaBA. Not a direct service but provided directly to a family in their home or in the community.

RBT Support in Group Environment – Registered Behavior Technician support for up to 4 clients simultaneously in a group environment. Bundled with BCBA/BCaBA supervision and support.

Intercept Health
Community Based Services Rate Schedules
July 1, 2021 – June 30, 2022

Service Rates:

Intensive In-Home Services [1]	$60.00 / Hour
Supportive In-home Services	$62.00 / Hour
Crisis One- Crisis Stabilization[1, 4]	$89/Hour Urban $81/Hour Rural
Crisis One – Crisis Intervention[1,4]	$30.79/unit Urban $18.61/unit Rural
Psychiatric Stabilization	$91/Hour
Mental Health Skill-Building [1,2,4]	$83.00 / Unit Rural $91.00 / Unit Urban
Parent Coaching	$57.42/per hour
Therapeutic Day Treatment [1,3]	$36.53 / Unit
Raising Our Children: Home Based Parent Counseling	$78.00/per hour
Multisystemic Therapy	$90.00/per day
S.T.A.Y.	$70.00/per hour
360º Transitional Solutions	
360º Therapeutic Aide	$51.25/ per hour
360º Emergency Aide	$52.79/ per hour
360º Transportation – Local Rate (less than 20 miles)	$35 each way
360º Transportation – Distance Rate (20 miles & over)	$1.75/ mile
ABA Services	
Initial Behavior Assessment (By BCBA/BCaBA)	$30 / 15 minutes

Direct Services by RBT/BT (1:1)	$25/ 15 minutes
Supervision/Program Development/Parent Training By BCBA/BCaBA	$30/ 15 minutes
Group Services by RBT/BT (small group)	$17.50 /15 minutes
ABA Coaching/Consulting by RBT/BCBA/BCaBA	$25/ 15 minutes
RBT Support in group environment (up to 4 clients)	$100 / hour with a minimum of 6 hours/day

Note: Medicaid Reimbursable Service
Unit is defined as 1-2.99 Hrs. Daily (1Unit), 3-4.99 hrs. (2 Units), 5-6.99 hrs. (3 Units), 7+ (4 Units)
Unit is defined as 2-2.99 Hrs. Daily (1Unit), 3-4.99 hrs. (2 Units), 5+ (3 Units)
Reimbursement rate is county specific (Rural vs. Urban)

Intercept Health
LIFEBRIDGE COUNSELING

OUTPATIENT RATES OF SERVICE
Effective July 1, 2021

	Service Description	
Billable CPT Code (if billed to insurance)	**Outpatient Counseling** Outpatient therapy and counseling services for adults, adolescents, children, couples and families and groups. Services are available for anyone in the community, and we accept Medicaid and most private insurance as well as other contractual funding sources. We can provide clinical assessments specifically for substance abuse and court ordered assessments for treatment recommendations as well as counseling for mental health, substance abuse issues, behavioral problems and trauma/abuse victims.	**Current Rate**
90791	Initial Diagnostic Assessment/Intake (w/ no medical services)	$150.00
90832	Individual Psychotherapy (30 min) *Insight oriented, behavior modification, supportive processing*	$75.00
90834	Individual Psychotherapy (45 min) *Insight oriented, behavior modification, supportive processing*	$115.00
90837	Individual Psychotherapy (60 min) *Insight oriented, behavior modification, supportive processing*	$140.00
90846	Family Therapy (without client present)	$121.00
90847	Family Therapy - Couples / Marital Therapy	$121.00
90853	Group Psychotherapy – Psychoeducation, Skills Building, Training	$55.00/per group
90849	Multi-Family Group Therapy	$60.00/per group
Pysycho Sexual Assessment	Assessment	$1,000.00
Relapse Prevention Treatment	Individual Therapy (60 minutes)	$125.00
Not covered by insurance	Sex Offender Treatment Groups, DBT Treatment Groups	$55.00/group
Not covered by insurance	Court Appearances	$100.00/hour (door to door) Min.$300/day
Not covered by insurance	Adjunctive Services (case management, letters, assessments, etc.)	$55.00/hour

Intercept Health
TRUE NORTH HEALTH CLINIC
5673 Airport Road
Roanoke, VA 24012
Phone: 540-523-8080 opt 1
Fax: 540-512-9775

TRUE NORTH HEALTH CLINIC FY22 RATE SHEET

Service	Code	Rate
Initial Psychiatric Medication Appointment (60 min)	90792	$200.00
Follow up Psychiatric Medication Appointment (20 min)	99214	$120.00
Follow up Psychiatric Medication Appointment with Brief Psychotherapy (30-45 min)	99214 + 90833	$195.00
Initial Suboxone Medication Appointment without Induction (60 min)	90792	$200.00
Initial Suboxone Medication Appointment with Induction (80 min)	H0014	$300.00
Follow up Suboxone Medication Appointment (20 min)	99214	$120.00
Follow up Suboxone Medication Appointment with Brief Psychotherapy (30-45 min)	99214 + 90833	$195.00
Initial Counseling Substance Abuse Assessment (60 min)	90791	$150.50
Follow up Substance Abuse Counseling Session (60 min)	90837	$140.00
Intensive Outpatient Program Counseling (3-hour block) x 3 times per week x 12 weeks $250.00 per 3-hour block x 3 times per week = $750.00 per week $750.00 per week x 12 weeks = $9,000.00 (*Length of time varies per individual)	H0015	$9,000.00
Substance Abuse Group (60 min) (*Length of time varies per individual)	90853	$55.00
Continue Care Group (60 min) $55.00 per group (*frequency and length of time varies per individual)	90853	$55.00 per group
Substance Use Case Management	H0006	$243.00 per month
SASSI	99408, G0396, H0049	$35.00
Urine Drug Screen Cup (price per cup used)	80305	$20.00
Urine Drug Screen Confirmation or Oral Swab (Send out to the Solstas Lab) Patient can call 800-653-2205	Varies	Varies-Lab will bill patient
Alcohol (Ethanol) Breath test	82075	$10.00
Urine Pregnancy Test (price per test used)	81025	$10.00
Injection of Psychotropic medication	J code Varies for type of drug	$25.00