



# Rates FY23

## **Questions? Please contact:**

Ashley Fox

Quality and Proposals Specialist

Phone: (804) 972-2716

Email: [afox@intercepthealth.com](mailto:afox@intercepthealth.com)

5511 Staples Mill Road, Suite 102

Richmond, VA 23228

[www.intercepthealth.com](http://www.intercepthealth.com)

Services	Description	Rates/Units	
<b>Community Homes</b>			
		Medicaid	Non-Medicaid
Community Homes for Adolescents (QRTP Certified)	Residential Room & Board	Not covered	\$245.00/day
	Therapeutic Behavioral Services <sup>4</sup>	\$164.50/day	\$164.50/day
	<b>TOTAL Comprehensive Daily Rate</b>		<b>\$409.50/day</b>
<b>Community Homes for Children (QRTP Certified)</b>			
	Residential Room & Board	Not covered	\$245.00/day
	Therapeutic Behavioral Services <sup>4</sup>	\$164.50/day	\$164.50/day
	<b>TOTAL Comprehensive Daily Rate</b>		<b>\$409.50/day</b>
<b>FreshSTART Assessment &amp; Diagnostic</b>			
		Medicaid	Non-Medicaid
FreshSTART Assessment & Diagnostic for Adolescents (QRTP Certified)	Residential Room & Board	Not covered	\$245.00/day
	Therapeutic Behavioral Services <sup>4</sup>	\$164.50/day	\$164.50/day
	Additional Daily Supervision	Not covered	\$85.08/day
	Diagnostic Services (Assessment/Evaluation)	Not covered	\$26.43/day
	<b>TOTAL Programmatic Daily Rate</b>		<b>\$521.01/day</b>
	On-Site Education 12months/ M-F		\$216.34/day
	1:1 Behavioral Aide (Targeted Assistance)		\$40/hour
<b>FreshSTART Assessment &amp; Diagnostic for Children (QRTP Certified)</b>			
	Residential Room & Board	Not covered	\$245.00/day
	Therapeutic Behavioral Services <sup>4</sup>	\$164.50	\$164.50/day
	Additional Daily Supervision	Not covered	\$85.08/day
	Diagnostic Services (Assessment/Evaluation)	Not covered	\$26.43/day
	<b>TOTAL Programmatic Daily Rate</b>		<b>\$521.01/day</b>
	On-Site Education 12months/ M-F		\$216.34/day
	1:1 Behavioral Aide (Targeted Assistance)		\$40/hour
<b>Therapeutic Foster Care</b>			
Foster Care Services	Maintenance Basic 2 (0-4 years) <sup>6</sup>	\$521.00/month	
	Maintenance Basic 2 (5-12 yrs.) <sup>6</sup>	\$609.00/month	
	Maintenance Basic 2 (13+ yrs.) <sup>6</sup>	\$772.00/month	

	Maintenance Enhanced 2	Per VEMAT Score
	Private Foster Care Support Supervision and Administration - Level 3 Intense	\$178.30/night
	Private Foster Care Support Supervision and Administration - Level 2 Intermediate	\$165.78/night
	Private Foster Care Support Supervision and Administration - Level 1 Therapeutic	\$148.12/night
	Assessment Treatment Level	\$166.09/night
	Non-Therapeutic Rate	\$90.56/night
	Treatment Foster Care Case Management <sup>4</sup>	\$367.31/month
<b>Additional Foster Care Services</b>		
	Infant Rate	\$496.00/month
	Pre-Placement Visitation (Overnight)	NO CHARGE
	Maintenance Transportation 2 Local Rate (less than 20 miles)	\$36.05 each way
	Maintenance Transportation 2 Distance Rate (20 miles & over)	\$1.80/mile
	Supportive In-Home	\$67.50/hour
	Short-Term Foster Care Services (Community)	Level 1: \$239.35/night Level 2: \$246.66/night
	Respite Services (Internal)	\$68.85/night
	Therapeutic Aide (Community & School based) <i>(See Community-Based Sheet for description)</i>	\$52.79/hour
	360 Emergency Aide	\$54.37/hour
	Psychiatric Stabilization (1:1)	LMHP – \$48.30 / 15 minutes QMHP (A/C) – \$40.23 / 15 minutes
	Psychiatric Stabilization (2:1)	LMHP/QMHP (A/C/E) – \$85.83 / 15 minutes
<b>YouthQuest Independent Living</b>		
Independent Living for 17 years and younger	Independent Living Arrangement -Room & Board	\$44.53/day
	Independent Living Services -Life and Social Skill Training	\$202.45/day
	<b>TOTAL Comprehensive Daily Rate</b>	<b>\$246.98/day</b>
Independent Living for 18 years +	Independent Living Services	\$222.04/day
	YouthQuest Room and Board <sup>6</sup>	\$644.00/month
YouthQuest for Moms and Dads for 17 years and younger	Independent Living Arrangement -Room & Board	\$44.53/day
	Independent Living Services -Life and Social Skill Training	\$202.45/day

	Pregnant and/or parenting 1 child	\$109.71/day
	<b>TOTAL Comprehensive Daily Rate</b>	<b>\$356.69/day</b>
YouthQuest for Moms and Dads for 18 years +	Independent Living Services	\$331.71/day
	YouthQuest Room and Board <sup>6</sup>	\$644.00/month
YouthQuest Anywhere	YouthQuest Anywhere	\$58.40/hour
<b>Community Based Services</b>		
	Intensive In-Home Services <sup>4</sup>	\$67.50/hour
	Supportive In-Home	\$67.50/hour
	Mental Health Skill-Building <sup>1,3,4</sup>	Urban localities – \$102.38/unit Rural localities - \$93.38/unit
	Parent Coaching	\$60.00/hour
	Therapeutic Day Treatment <sup>2,4</sup>	\$41.10/unit
	Raising Our Children: Home Based Parent Counseling (ROC)	\$78.00/hour
	Safety, Treatment, Action and You & Your Family (STAY)	\$72.10/hour
	Psychiatric Stabilization (1:1)	LMHP – \$48.30 / 15 minutes QMHP (A/C) – \$40.23 / 15 minutes
	Psychiatric Stabilization (2:1)	LMHP/QMHP (A/C/E) – \$85.83 / 15 minutes
<b>360 Transitional Solutions</b>		
	360 Therapeutic Aide	\$52.79/hour
	360 Emergency Aide	\$54.37/hour
	360 Transportation-Local Rate (less than 20 miles)	\$36.05 each way
	360 Transportation-Distance Rate (20 miles & over)	\$1.80 per mile
<b>ABA Services</b>		
	Initial Behavior Assessment <sup>4,5</sup>	BCBA - \$46.63 / 15 minutes BCaBA - \$23.48 / 15 minutes
	Direct ABA Services (1:1) <sup>4,5</sup>	RBT - \$25.00 / 15 minutes BCBA - \$46.63 / 15 minutes BCaBA - \$23.48 / 15 minutes
	Group ABA Services (2-8 clients) <sup>4,5</sup>	\$17.50 / 15 minutes per client
	RBT Support in Group Environment (up to 4 clients)	\$100 per hour *with minimum of 6 hours per day*
	Supervision/Program Development/Parent Training <sup>4,5</sup>	BCBA - \$46.63 / 15 minutes BCaBA - \$23.48 / 15 minutes
	Care Coordination <sup>4</sup>	BCBA - \$46.63 / 15 minutes

		BCaBA - \$23.48 / 15 minutes
	ABA Coaching/Consulting by Tier 3 RBT/BCBA/BCaBA	\$25.00 / 15 minutes
	Consultation and Supervision of ABA Services by Licensed Staff	BCBA - \$188/hour BCaBA - \$125/hour
	Registered Behavior Technicians	\$60/hour
	Registered Behavior Technicians Supervision	\$125/hour
<b>True North Health Clinic</b> <sup>4,5</sup>		
90792	Initial Psychiatric Medication Appointment (60 min)	\$210.00
99214	Follow up Psychiatric Medication Appointment (20 min)	\$120.00
99214 + 90833	Follow up Psychiatric Medication Appointment with Brief Psychotherapy (30-45 min)	\$195.00
90792	Initial Suboxone Medication Appointment without Induction (60 min)	\$210.00
H0014	Initial Suboxone Medication Appointment with Induction (80 min)	\$300.00
99214	Follow up Suboxone Medication Appointment (20 min)	\$120.00
99214 + 90833	Follow up Suboxone Medication Appointment with Brief Psychotherapy (30 min)	\$195.00
90791	Initial Counseling Substance Abuse Assessment (60 min)	\$150.00
90837	Follow up Substance Abuse Counseling Session (60 min)	\$140.00
H0015	Intensive Outpatient Program Counseling (3-hour block) X 3 times per week X 12 weeks \$281.25 per 3-hour block X 3 times per week = \$843.75 per week X 12 weeks = \$10,125.00 (*length of time varies per individual)	\$10,125.00
90853	Continue Care Group (60 min) (*frequency and length of time varies per individual)	\$55.00 per group
90853	Substance Abuse Group (60 min) (*length of time varies per individual)	\$55.00
H0006	Substance Use Case Management	\$276.75 per month
99408, G0396, H0049	SASSI	\$35.00
80305	Urine Drug Screen Cup (price per cup used)	\$20.00
Varies	Urine Drug Screen Confirmation or Oral Swab (Sent out to Quest Diagnostics Lab) Patient can call 800-653-2205	Varies -Lab will bill patient
82075	Alcohol (Ethanol) Breath Test	\$10.00
81025	Urine Pregnancy Test (price per test used)	\$10.00
J code varies for type of drug	Injection of Psychotropic medication	\$25.00

Notes: 1 - Unit is defined as 1-2.99 Hrs. Daily (1Unit), 3-4.99 hrs. (2 Units), 5-6.99 hrs. (3 Units), 7+ (4 Units)

2- Unit is defined as 2-2.99 Hrs. Daily (1Unit), 3-4.99 hrs. (2 Units), 5+ (3 Units)

3- Reimbursement rate is county specific (Rural vs. Urban)

4- Medicaid Reimbursable service

5- Commercial Insurance reimbursable service

6- State determined Rate – This rate could be adjusted based on any adjustments to meet State Mandates or Guidelines

Intercept Health – Rates 07/01/22 – 06/30/23 (Revised 6/1/2022)

**Intercept Health**  
**Community Home Per Diem Rate Schedules**  
**July 1, 2022 – June 30, 2023**

---

**Group Homes for Boys:**

*Carriage House*  
*Shenandoah House*  
*Independence House*

**Group Homes for Girls:**

*Providence House*  
*Spring House*      *Autumn House*

Intercept Health’s Community Homes are QRTP approved<sup>2</sup>, Level-B Group homes for males and females, ages 12-19 years. Our homes are spacious, comfortable, community based, and provide a natural environment for treatment. Our community homes work with a variety of psychiatric diagnoses and behavioral disorders, including sexually reactive behavior. Our structured therapeutic milieu promotes pro-social behavior, self-esteem, emotional stability, personal accountability, and character building, while teaching the life skills necessary to become productive and responsible young men and women.

---

**Comprehensive Daily Rate Breakdown:**

	<b>Medicaid Approved</b>	<b>Non-Medicaid</b>
Residential Room & Board Includes semi-private room, 3 meals per day, snacks and personal care items	not covered	\$245.00
Daily Supervision (Therapeutic Behavioral Services) <sup>1</sup>	\$164.50	\$164.50
<b>Total Comprehensive Daily Rate</b>		<b>\$409.50</b>

1. For Medicaid-eligible residents, Daily Supervision/Therapeutic Behavioral Services for Children and Adolescents under age 21 (Level B) are reimbursed by Virginia Medicaid at the rate of \$164.50 per day. The Procedure Codes are H2020-HW (CSA) and H2020-HK (non-CSA). Daily supervision includes a 1:4 staff to resident ratio as during awake hours and 1:8 staff to resident ratio during sleeping hours.
  2. A Qualified Residential Treatment Program (QRTP) is a new designation of non-family based placements by the Administration for Children and Families (ACF). QRTPs serve children with specific treatment needs who need short term placement out of their home. Upon implementation of Family First in Virginia, Title IV-E funds can only be used for non-family based placements which are designated as QRTPs. The QRTP status of Intercept’s Community homes can be found at: [https://familyfirstvirginia.com/foster\\_care/qrtp\\_applicants.html](https://familyfirstvirginia.com/foster_care/qrtp_applicants.html), listed by the house name.
-

**Intercept Health**  
**Children’s Community Home Per Diem Rate Schedules**  
**July 1, 2022 – June 30, 2023**

**Children’s Community Home: Shire House**

Intercept Health’s Children’s QRTP approved<sup>2</sup>, Level-B Community Home is designed to treat males and females, ages 7-12 years. We create a comfortable and supportive environment for our young clients to receive the treatment they need to successfully transition into a family setting. Children with psychiatric disorders relating to mood instability, conduct issues or even sexual reactive behaviors will receive weekly individual and group therapy with a licensed or licensed-eligible clinician. Family engagement will be a priority so that natural supports are maintained and placement in a family setting can be achieved. In addition, they will be provided a structured, therapeutic milieu that will include age-appropriate psycho-educational groups, mixed with fun recreation activities daily that will be catered to each client’s identified treatment goals.

---

**Comprehensive Daily Rate Breakdown:**

	<b>Medicaid Approved</b>	<b>Non- Medicaid</b>
Residential Room & Board Includes semi-private room, 3 meals per day, snacks and personal care items	Not Covered	\$245.00
Daily Supervision (Therapeutic Behavioral Services) <sup>1</sup>	\$164.50	\$164.50
<b>Total Comprehensive Daily Rate</b>		<b>\$409.50</b>

1. For Medicaid-eligible residents, Daily Supervision/Therapeutic Behavioral Services for Children and Adolescents under age 21 (Level B) are reimbursed by Virginia Medicaid at the rate of \$164.50 per day. The Procedure Codes are H2020-HW (CSA) and H2020-HK (non-CSA). Daily supervision includes a 1:4 staff to resident ratio as during awake hours and 1:8 staff to resident ratio during sleeping hours.
  2. A Qualified Residential Treatment Program (QRTP) is a new designation of non-family based placements by the Administration for Children and Families (ACF). QRTPs serve children with specific treatment needs who need short term placement out of their home. Upon implementation of Family First in Virginia, Title IV-E funds can only be used for non-family based placements which are designated as QRTPs. The QRTP status of Intercept’s Community homes can be found at: [https://familyfirstvirginia.com/foster\\_care/qrtp\\_applicants.html](https://familyfirstvirginia.com/foster_care/qrtp_applicants.html), listed by the house name.
-

**Intercept Health**  
**FreshSTART Assessment & Diagnostic Home for Adolescents**  
**Per Diem Rate Schedules**  
**July 1, 2022 – June 30, 2023**

**FreshSTART for Boys**  
*Gateway House*

**FreshSTART for Girls**  
*Fountain House*

**Comprehensive Daily Rate Breakdown:**

	<b>Medicaid approved</b>	<b>Non-Medicaid</b>
Residential Room & Board Includes semi-private room, 3 meals per day, snacks and personal care items	Not Covered	\$245.00
Daily Supervision (Therapeutic Behavioral Services) <sup>1</sup>	\$164.50	\$164.50
Additional Daily Supervision <sup>2</sup>	Not Covered	\$85.08
Diagnostic Services (Assessment/Evaluation)	Not Covered	\$26.43
<b>Total Programmatic Daily Rate</b>		<b>\$521.01</b>
On-Site Education (12-month school year / M-F and enrichment days) <sup>3</sup>		\$216.34
<b>Total Education Daily Rate (M-F)</b>		<b>\$216.34</b>

**Optional Services**

1:1 Behavioral Aide (Targeted Assistance)	\$40/hour
Speech & Language per IEP (each session)	(based on external provider)
Occupational Therapy per IEP (each session)	(based on external provider)

**Assessment Options**

- **Psychological Testing** - Included in A&D Track; not included in 30-day Stabilization Track; Testing may include Cognitive, Personality/MSE, ADOS-2 testing, Educational testing based on appropriateness.
  - Cognitive assessments include administration of a valid IQ test (e. g. WISC, WAIS, WJ COG, DTLA), as well as supplemental testing as needed. For example, this might include tests of executive functioning, memory, language, fine motor skills.
  - Personality/MSE assessments include structured clinical interviews and mental status examination and other measures tailored to client needs, for example, behavioral and symptomatic questionnaire and assessments based on clinical presentation may include, but are not limited to use of tools such as Behavioral and Emotional Rating Scale (BERS-2), Casey Life Skills Assessment, Youth Resiliency Checklist, Strengths and Needs Assessment (SNA), Severity Measure for Generalized Anxiety Disorder, Affective Reactivity Index, Beck Depression Inventory, as well as projective techniques such as Rorschach Inkblots, Incomplete Sentences, and personality testing (MMPI-Adolescent)
  - Autism Diagnostic Observation Schedule-Second Edition (ADOS-2) is an activity-based assessment administered by trained clinicians to evaluate communication skills, social interaction, and imaginative use of materials in individuals who are suspected to have autism spectrum disorder
  - Educational testing includes administration of a valid, standardized achievement test battery (e.g. WIAT, WJ ACH), as well as supplemental testing as needed.



- **Sexual Offense Assessment (i.e. J-SOAP, SAI, Phase Questionnaire)** - Included as appropriate
- **Psycho-Sexual Evaluation** -Based on external provider
- **Genogram** - Included in A&D Track; not included in 30-day Stabilization Track
- **Physical Examination** - Based on external provider unless covered by insurance
- **Dental Examination** - Based on external provider unless covered by insurance

1. For Medicaid-eligible residents, Daily Supervision/ Therapeutic Behavioral Services for Children and Adolescents under age 21 (Level B) are reimbursed by Virginia Medicaid at the rate of \$164.50 per day. The Procedure Codes are H2020-HW (CSA) and H2020- HK (non-CSA).

2. Additional Daily Supervision includes increased staffing patterns to provide adequate sight and sound supervision while completing the assessment and evaluating “what is and is not working” for the youth. This fee is associated with increased clinical support, increased staffing patterns, and on-going observations in order to make adjustments to the behavior support program based on the youth’s individual strengths and needs.

3. FreshSTART believes in teaching to the whole child and developing students into fulfilling adults who are a benefit for their potential communities. We do this by including enrichment days into the yearly school calendar to ensure the learning experience for students encompasses traditional and character education. Enrichment days will promote critical thinking and problem-solving skills, improve student's ability to concentrate, and make learning more meaningful, valuable, and rewarding. Enrichment days will be led with kinesthetic learning activities that are fun, which helps students to become more engaged in their learning and retain more information.

Note: FreshSTART is an approved Qualified Residential Treatment Program (QRTP). QRTP is a new designation of non-family based placements by the Administration for Children and Families (ACF). QRTPs serve children with specific treatment needs who need short term placement out of their home. Upon implementation of Family First in Virginia, Title IV-E funds can only be used for non-family based placements which are designated as QRTPs. The QRPT status of Intercept’s FreshSTART homes can be found at: [https://familyfirstvirginia.com/foster\\_care/qrtp\\_applicants.html](https://familyfirstvirginia.com/foster_care/qrtp_applicants.html), listed by the house name.

# FreshSTART Academy: 2022-2023 ACADEMIC CALENDAR

AUGUST 2022							SEPTEMBER 2022							OCTOBER 2022						
S	M	T	W	TH	F	S	S	M	T	W	TH	F	S	S	M	T	W	TH	F	S
	1	2	3	4	5	6					1	2	3							1
7	8	9	10	11	12	13	4	5	6	7	8	9	10	2	3	4	5	6	7	8
14	15	16	17	18	19	20	11	12	13	14	15	16	17	9	10	11	12	13	14	15
21	22	23	24	25	25	27	18	19	20	21	22	23	24	16	17	18	19	20	21	22
28	29	30	31				25	26	27	28	29	30		23	24	25	26	27	28	29
														30	31					

  

NOVEMBER 2022							DECEMBER 2022							JANUARY 2023						
S	M	T	W	TH	F	S	S	M	T	W	TH	F	S	S	M	T	W	TH	F	S
		1	2	3	4	5					1	2	3	1	2	3	4	5	6	7
6	7	8	9	10	11	12	4	5	6	7	8	9	10	8	9	10	11	12	13	14
13	14	15	16	17	18	19	11	12	13	14	15	16	17	15	16	17	18	19	20	21
20	21	22	23	24	25	26	18	19	20	21	22	23	24	22	23	24	25	26	27	28
27	28	29	30				25	26	27	28	29	30	31	29	30	31				

  

FEBRUARY 2023							MARCH 2023							APRIL 2023						
S	M	T	W	TH	F	S	S	M	T	W	TH	F	S	S	M	T	W	TH	F	S
			1	2	3	4				1	2	3	4							1
5	6	7	8	9	10	11	5	6	7	8	9	10	11	2	3	4	5	6	7	8
12	13	14	15	16	17	18	12	13	14	15	16	17	18	9	10	11	12	13	14	15
19	20	21	22	23	24	25	19	20	21	22	23	24	25	16	17	18	19	20	21	22
26	27	28					26	27	28	29	30	31		23	24	25	26	27	28	29
														30						

  

MAY 2023							JUNE 2023							JULY 2023						
S	M	T	W	TH	F	S	S	M	T	W	TH	F	S	S	M	T	W	TH	F	S
	1	2	3	4	5	6					1	2	3							1
7	8	9	10	11	12	13	4	5	6	7	8	9	10	2	3	4	5	6	7	8
14	15	16	17	18	19	20	11	12	13	14	15	16	17	9	10	11	12	13	14	15
21	22	23	24	25	26	27	18	19	20	21	22	23	24	16	17	18	19	20	21	22
28	29	30	31				25	26	27	28	29	30		23	24	25	26	27	28	29
														30	31					

	<b>NO SCHOOL Teacher In-Service</b>		<b>NO SCHOOL Holiday</b>		<b>Enrichment Activities</b>
---	---	---	------------------------------	--	----------------------------------

**Intercept Health**  
**FreshSTART Assessment & Diagnostic Home for Children**  
**Per Diem Rate Schedules**  
**July 1, 2022 – June 30, 2023**

**FreshSTART for Children**  
*Vision House*

**Comprehensive Daily Rate Breakdown:**

	<b>Medicaid Approved</b>	<b>Non-Medicaid</b>
Residential Room & Board Includes semi-private room, 3 meals per day, snacks and personal care items	Not Covered	\$245.00
Daily Supervision (Therapeutic Behavioral Services) <sup>1</sup>	\$164.50	\$164.50
Additional Daily Supervision <sup>2</sup>	Not Covered	\$85.08
Diagnostic Services (Assessment/Evaluation)	Not Covered	\$26.43
<b>Total Programmatic Daily Rate</b>		<b>\$521.01</b>
On-Site Education (12-month school year / M-F and enrichment days) <sup>3</sup>		\$216.34
<b>Total Education Daily Rate (M-F)</b>		<b>\$216.34</b>
 <b>Optional Services</b>		
1:1 Behavioral Aide (Targeted Assistance)		\$40/hour
Speech & Language per IEP (each session)		(based on external provider)
Occupational Therapy per IEP (each session)		(based on external provider)

**Assessment Options**

- **Psychological Testing** - Included in A&D Track; not included in 30-day Stabilization Track; Testing may include Cognitive, Personality/MSE, ADOS-2 testing, and Educational testing based on appropriateness.
  - Cognitive assessments include administration of a valid IQ test (e. g. WISC, WAIS, WJ COG, DTLA), as well as supplemental testing as needed. For example, this might include tests of executive functioning, memory, language, fine motor skills.
  - Personality/MSE assessments include structured clinical interviews and mental status examination and other measures tailored to client needs, for example, behavioral and symptomatic questionnaire and assessments based on clinical presentation may include, but are not limited to use of tools such as Behavioral and Emotional Rating Scale (BERS-2), Casey Life Skills Assessment, Youth Resiliency Checklist, Strengths and Needs Assessment (SNA), Severity Measure for Generalized Anxiety Disorder, Affective Reactivity Index, Beck Depression Inventory, as well as projective techniques such as Rorschach Inkblots, Incomplete Sentences, and personality testing (MMPI-Adolescent)
  - Autism Diagnostic Observation Schedule-Second Edition (ADOS-2) is an activity-based assessment administered by trained clinicians to evaluate communication skills, social interaction, and imaginative use of materials in individuals who are suspected to have autism spectrum disorder
  - Educational testing includes administration of a valid, standardized achievement test battery (e.g. WIAT, WJ ACH), as well as supplemental testing as needed.

- **Sexual Offense Assessment (i.e. J-SOAP, SAI, Phase Questionnaire)** - Included as appropriate
- **Psychosexual Evaluation** - Based on external provider
- **Genogram** - Included in A&D Track; not included in 30-day Stabilization Track
- **Physical Examination** - Based on external provider unless covered by insurance
- **Dental Examination** - Based on external provider unless covered by insurance

1. For Medicaid-eligible residents, Therapeutic Behavioral Services for Children and Adolescents under age 21 (Level B) are reimbursed by Virginia Medicaid at the rate of \$164.50 per day. The Procedure Codes are H2020-HW (CSA) and H2020- HK (non-CSA).

2. Additional Daily Supervision includes increased staffing patterns to provide adequate sight and sound supervision while completing the assessment and evaluating “what is and is not working” for the youth. This fee is associated with increased clinical support, increased staffing patterns, and on-going observations in order to make adjustments to the behavior support program based on the youth’s individual strengths and needs.

3. FreshSTART believes in teaching to the whole child and developing students into fulfilling adults who are a benefit for their potential communities. We do this by including enrichment days into the yearly school calendar to ensure the learning experience for students encompasses traditional and character education. Enrichment days will promote critical thinking and problem-solving skills, improve student's ability to concentrate, and make learning more meaningful, valuable, and rewarding. Enrichment days will be led with kinesthetic learning activities that are fun, which helps students to become more engaged in their learning and retain more information.

Note: FreshSTART is an approved Qualified Residential Treatment Program (QRTP). QRTP is a new designation of non-family based placements by the Administration for Children and Families (ACF). QRTPs serve children with specific treatment needs who need short term placement out of their home. Upon implementation of Family First in Virginia, Title IV-E funds can only be used for non-family based placements which are designated as QRTPs. The QRTP status of Intercept’s FreshSTART homes can be found at: [https://familyfirstvirginia.com/foster\\_care/qrtp\\_applicants.html](https://familyfirstvirginia.com/foster_care/qrtp_applicants.html), listed by the house name.

# FreshSTART Academy: 2022-2023 ACADEMIC CALENDAR

AUGUST 2022							SEPTEMBER 2022							OCTOBER 2022						
S	M	T	W	TH	F	S	S	M	T	W	TH	F	S	S	M	T	W	TH	F	S
	1	2	3	4	5	6					1	2	3							1
7	8	9	10	11	12	13	4	5	6	7	8	9	10	2	3	4	5	6	7	8
14	15	16	17	18	19	20	11	12	13	14	15	16	17	9	10	11	12	13	14	15
21	22	23	24	25	25	27	18	19	20	21	22	23	24	16	17	18	19	20	21	22
28	29	30	31				25	26	27	28	29	30		23	24	25	26	27	28	29
														30	31					

  

NOVEMBER 2022							DECEMBER 2022							JANUARY 2023						
S	M	T	W	TH	F	S	S	M	T	W	TH	F	S	S	M	T	W	TH	F	S
		1	2	3	4	5					1	2	3	1	2	3	4	5	6	7
6	7	8	9	10	11	12	4	5	6	7	8	9	10	8	9	10	11	12	13	14
13	14	15	16	17	18	19	11	12	13	14	15	16	17	15	16	17	18	19	20	21
20	21	22	23	24	25	26	18	19	20	21	22	23	24	22	23	24	25	26	27	28
27	28	29	30				25	26	27	28	29	30	31	29	30	31				

  

FEBRUARY 2023							MARCH 2023							APRIL 2023						
S	M	T	W	TH	F	S	S	M	T	W	TH	F	S	S	M	T	W	TH	F	S
			1	2	3	4				1	2	3	4							1
5	6	7	8	9	10	11	5	6	7	8	9	10	11	2	3	4	5	6	7	8
12	13	14	15	16	17	18	12	13	14	15	16	17	18	9	10	11	12	13	14	15
19	20	21	22	23	24	25	19	20	21	22	23	24	25	16	17	18	19	20	21	22
26	27	28					26	27	28	29	30	31		23	24	25	26	27	28	29
														30						

  

MAY 2023							JUNE 2023							JULY 2023						
S	M	T	W	TH	F	S	S	M	T	W	TH	F	S	S	M	T	W	TH	F	S
	1	2	3	4	5	6					1	2	3							1
7	8	9	10	11	12	13	4	5	6	7	8	9	10	2	3	4	5	6	7	8
14	15	16	17	18	19	20	11	12	13	14	15	16	17	9	10	11	12	13	14	15
21	22	23	24	25	26	27	18	19	20	21	22	23	24	16	17	18	19	20	21	22
28	29	30	31				25	26	27	28	29	30		23	24	25	26	27	28	29
														30	31					

	<b>NO SCHOOL Teacher In-Service</b>		<b>NO SCHOOL Holiday</b>		<b>Enrichment Activities</b>
---	---	---	------------------------------	--	----------------------------------

**Intercept Health**  
**Foster Care Services**  
 Service Rates  
 July 1, 2022 – June 30, 2023

<b>Foster Care Services</b>	<b>Rate/Unit</b>
Maintenance Basic 2 (0-4 years)	\$521.00/month - state rate
Maintenance Basic 2 (5-12 yrs.)	\$609.00/month - state rate
Maintenance Basic 2 (13+ yrs.)	\$772.00/month - state rate
Maintenance Enhanced 2	Per VEMAT Score
Private Foster Care Support Supervision and Administration - Level 3 Intense	\$178.30/night
Private Foster Care Support Supervision and Administration - Level 2 Intermediate	\$165.78/night
Private Foster Care Support Supervision and Administration - Level 1 Therapeutic	\$148.12/night
Assessment Treatment Level	\$166.09/night
Non-Therapeutic Rate	\$90.56/night
Treatment Foster Care Case Management	\$367.31/month
<b>Additional Services</b>	<b>Rates</b>
Infant Rate	\$496.00/month
Pre-Placement Visitation (Overnight)	NO CHARGE
Maintenance Transportation - Local Rate (less than 20 miles)	\$36.05 each way
Maintenance Transportation - Distance Rate (20 miles & over)	\$1.80/mile
Psychiatric Stabilizations (1:1)	LMHP - \$48.30 / 15 mins QMHP (A/C) - \$40.23 / 15 mins
Psychiatric Stabilization (2:1) – Provided by LMHP / QMHP (A/C/E)	\$85.83 / 15 minutes
360 Therapeutic Aide (Community & School based) <i>(See Community-Based Sheet for description)</i>	\$52.79/hour
360 Emergency Aide	\$54.37/hour
Supportive In-Home	\$67.50/hour
Short-Term Foster Care Services (Community)	Level 1: \$239.35/night Level 2: \$246.66/night
Respite Services (Internal)	\$68.85/night

Note: Intercept follows all rate schedules set forth by the Department of Social Services. Should the state rate be adjusted, this rate sheet will be adjusted to meet all state mandates and guidelines.

## **Intercept Health Foster Care Services Services Descriptions – FY23**

**Therapeutic Teaching Parent Payment: (Enhanced Maintenance Payment – Per VEMAT) ...** Enhanced Maintenance Payment is the source of the payment to foster parents for the extra supervision involved in their work with special needs/emotionally disturbed youth as defined by the Virginia Enhanced Maintenance Assessment Tool (VEMAT).

**Private Foster Care Support Supervision and Administration- Level 3 Intensive ...** The needs of a child served at level 3 on-going treatment foster care are of such acuity or severity that they require intensive action (interventions, services, supports etc.) be taken to address, remedy or ameliorate the needs. Without such intervention(s) the child may be at risk of residential placement. Children served at level 3 will demonstrate a high level of social/emotional/behavioral/medical/personal care needs or impairment for normal range of age and development. *Areas of need may include but not be limited to, depression, anxiety, impulsivity, hyperactivity, anger control, adjustment to trauma, oppositional, substance abuse, eating disorder, physical health condition, developmental delay, serious or life-threatening illnesses or conditions that require the routine use of a medical device, and / or daily ongoing care/monitoring, or intellectually disabled.* Every month respectively, Intercept Health Staff will provide at least four (4) face to face visits with the youth, two (2) of which are conducted in the treatment foster home.

**Private Foster Care Support Supervision and Administration - Level 2 Intermediate....** The needs of a child served at level 2 on-going treatment foster care require that significant action (interventions, services, supports etc.) be taken to address, remedy or ameliorate the identified needs. Children served at level 2 will typically demonstrate relatively moderate level of social/emotional/behavioral/medical/personal care needs or impairment for normal range of age and development. *Areas of need may include but not be limited to, depression, anxiety, impulsivity, hyperactivity, anger control, adjustment to trauma, oppositional, substance abuse, eating disorder, physical health condition, developmental delay, serious or life-threatening illnesses or conditions that require the routine use of a medical device, and / or daily ongoing care/monitoring or, intellectually disabled.* Every month respectively, Intercept Health Staff will provide at least three (3) face to face visits with the youth, one (1) of which is conducted in the treatment foster home.

**Private Foster Care Support Supervision and Administration- Level 1 Therapeutic....** The needs of a child served at level 1 on-going treatment foster care require monitoring or the LCPA may need to provide services to lessen the likelihood that identified needs will become more acute or return after being “resolved”. Children served level 1 will typically demonstrate a relatively low level of social/emotional/behavioral/medical/personal care needs or impairment for normal range of age and development. *Areas of need may include but not be limited to, depression, anxiety, impulsivity, hyperactivity, anger control, adjustment to trauma, oppositional, substance abuse, eating disorder, physical health condition, developmental delay, serious or life-threatening illnesses or conditions that require the routine use of a medical device, and / or daily ongoing care/monitoring or intellectually disabled.* Every month respectively, Intercept Health Staff will provide at least two (2) face to face visits with the youth, one (1) of which is conducted in the treatment foster home.

**Assessment Treatment Level...** Children served at the assessment level of treatment foster care are those who are newly placed with licensed child placing agency and for whom an assessment to determine the appropriate level of foster care services is being conducted. The maximum stay at the Assessment Treatment Level shall not exceed sixty (60) days to complete a needs assessment and service plan, per requirements of VDSS, Division of

licensing Programs. The time frame of the assessment may vary based on the accurate and thorough assessment of the child's strengths and needs.

**Non-Treatment Foster Care...** Children served at the non-treatment level of foster care may be developmentally on target, demonstrate age-appropriate behaviors, able to participate in community activities without restriction, or be the sibling of a child who meets the criteria for on-going TFC placement in the same foster home. Children shall be served at the Non-treatment Foster Care level if the assessment indicates treatment foster care services are not needed. Children/youth placed on the Non-Treatment Foster Care Level are not expected to meet DMAS criteria; this service includes a maximum of one (1) face to face visit with the youth in the treatment foster home and (1) face to face visit every 60 days conducted by Intercept Health Staff. This contact per month includes 24/7 crisis intervention.

\*All TFC-Support & Supervision Levels may have additional support services that assist in the implementation of the child/youth's treatment goals/objectives and/or permanency goal/discharge plan.

**TFC Case Management ...** Defined by DMAS in 2007, this service assists clients in gaining access to needed medical, social, educational and other services. It covers assessment, planning, referral and monitoring of services. It does not cover direct delivery of services, recruitment and approval of foster parents, their training, staff training, client placement, foster parent support, supervision and other service components of TFC. This service is combined with the appropriate level of TFC-Supervision & Support described above. This service may or may not be covered by Medicaid depending upon the eligibility of the child. It is billed at a day rate when paid through CSA.

**Infant Rate/Support Service ...** This rate covers coordination of and services for infants who remain in the custody of a Treatment Foster Care client. This is an additional service that can be contracted on a case-by-case basis. Services for the infant will be monitored through the relationship with the client when placed together. The Basic Maintenance for the infant is added to the client's charges. For infants who are in the custody of social services and placed in an Intercept Health home, all individual foster care rates apply for infant.

**Overnight Pre-Placement Visits...** There is no charge for daytime or overnight pre-placement visits. The visits are intended to ensure proper placement and adjustment of child and family prior to formal placement. Mileage and travel expense reimbursement can be agreed upon for unique situations in advance of pre-placement visits on a case-by-case basis.

**Supportive In-Home ...** This is an add on service, that can be utilized in conjunction with the TFC-Support & Supervision and TFC Case Management services to offer individual and/or family counseling services to assist in the transition of children/youth from higher levels of care before s/he is placed in the treatment foster care home or to provide extra therapeutic support to a child/youth who may be at risk of placement disruption.

**Short-term Foster Care Services (Community) ...** This is designed to provide crisis or alternate planned-support relief for up to 29 consecutive calendar days to families in need of substitute care placement arrangements for children/youth. The substitute care placement environments used are approved Intercept Health foster homes. Short-term overnight care:

Level 1: Overnight respite care for children with behavioral issues requiring minimal to no intervention.

Level 2: Overnight respite care for children with behavioral issues requiring major interventions.

**Respite Services ...** This is a temporary, internal support service provided to approved Intercept Health foster families, for which Intercept Staff arrange on their behalf with other internal Intercept Health foster homes by reviewing respite care options with teaching parents and by the matching children with respite caregivers. Respite Services provide valuable support and relief to the primary treatment foster families while ensuring the



health and safety of the client and families. Use of respite is also a healthy mechanism to enhance attachments for children/youth with their caregivers. This service can also provide emergency relief to internal Intercept Health families in crisis situations. An accrual system is utilized with Intercept Health foster families. This service can be contracted to allow for additional respite services for children/youth on a case-by-case basis when the child/youth has exceptional needs.

**Psychiatric Stabilization:** Intercept's Psychiatric Stabilization Services are short-term, direct mental health care to non-hospitalized individuals who recently experienced acute psychiatric symptoms or behavioral symptoms that place their home, school, or program placement at risk. The goals are to avert hospitalization or re-hospitalization; provide normative environments with a high assurance of safety; stabilize the individual's home, school, or program placement; and mobilize both referrals for necessary treatment post discharge as well as resources through natural supports. While admitted to the program, individuals will participate in crisis/safety planning, treatment planning, individual and family counseling, and symptom and behavior management. Staff who provide Psychiatric Stabilization services use a trauma informed care approach.

**Therapeutic Aide-** see 360 Transitional Solutions for service definition.

**360° Emergency Aide-** see 360 Transitional Solutions for service definition.

**“There is no charge for non-treatment level case management. In addition, if Medicaid determines the child does not meet medical necessity criteria and denies Treatment Foster Care Case Management, CSA may pay for case management based on justification of need. In all cases, Provider must obtain FAPT/CPMT prior approval.”**

Service descriptions last revised 3/15/22

**Intercept Health  
YouthQuest Anywhere  
Community Based Independent Living Services**

**Per Diem Rate Schedule  
July 1, 2022 – June 30, 2023**

**Comprehensive Rate and Services:**

YouthQuest is excited to offer a community based independent living services providing intensive 1:1 case management and independent living training for youth in their own apartment. The service is set up in 3-month tiers and is designed to be completed in a year or as the youth achieves proficiency. During this service youth will be able to build their rental histories, manage their money, attend an educational program and establish employment stability. Program Staff will use the Casey Life Skills Assessments, provide support 24 hours a day, provide 1:1 training, and case management services to the youth as they continue to live independently.

**Room and Board:** Responsibility of the youth

**Independent Living Services:** \$58.40 per hour

**The following services are included in the Independent Living Service:**

- Identify and secure housing
- Maintain housing
- Create a transitional living plan, and work on goals
- Identify and utilize community and family resources and supports
- Obtaining and maintaining employment
- Explore and enroll in educational programming
- Make progress toward educational programming goals
- Identify and use public transportation
- Develop and follow a budget/spending plan

**Intercept Health**  
**YouthQuest – Independent Living**  
**(17 years and younger)**

**Per Diem Rate Schedule**  
**July 1, 2022 – June 30, 2023**

**Comprehensive Daily Rate and Services:**

Independent Living Arrangement <i>-Room &amp; Board</i>	\$ 44.53
Independent Living Services  <i>-Life and Social Skill Training</i>	  \$ 202.45
<b>Total Comprehensive Daily Rate:</b>	<b>\$ 246.98</b>

---

---

YouthQuest is a licensed independent living arrangement that serves youth, aged 17-21, from a variety of previous placements with varied psychiatric diagnoses and behavioral disorders. YouthQuest provides 1:1 case management in a structured, supervised apartment setting where youth work on goals, specific to them, in areas such as: menu and meal planning, food preparation, cleaning and other household maintenance, identifying and securing housing, identifying and utilizing community and family supports, obtaining and maintaining employment, exploring then enrolling and succeeding in educational programs, scheduling college and/or vocational tours, identifying and using public transportation, developing and following a budget, practicing daily hygiene, refraining from substance use, learning social skills, etc.

**The following services are included in the comprehensive daily rate:**

- Life Skills Training and Coaching for 5-10 hours per week
- Completion of Casey Life Skills Assessment (annually)
- Formulation of Transitional Living Service Plan
- Formulation of Monthly Reports and Quarterly Service Plan Updates
- Weekly Case Coordination with Referring Agency and other community partners involved in youth's case
- Coordination of Medical Services, including supervision of prescribed medications
- Coordination of Therapeutic Services
- Assistance with educational services, employment, and daily living
- Weekly Life Skills Group
- Staff on call 24 hours per day
- Weekly Grocery Allowance, including weekly menu planning
- Transportation for school, work, religious activities, medical needs, and family visitation

**Intercept Health**  
**YouthQuest for Moms and Dads – Independent Living**  
**(17 years old and younger)**

**Per Diem Rate Schedule**  
**July 1, 2022 – June 30, 2023**

**Comprehensive Daily Rate and Services:**

Independent Living Arrangement <i>-Room &amp; Board</i>	\$ 44.53
Independent Living Services <i>-Life and Social Skill Training</i>	\$202.45
Pregnant and/or parenting 1 child <i>-Additional Parenting Support</i>	\$109.71
<b>Total Comprehensive Daily Rate</b>	<b>\$356.69</b>

*\*Please note: Pregnant and/or parenting 2 children is an additional \$50.00 per day, in order to cover the additional room and board costs, additional transportation services, and additional support\**

-----

YouthQuest is a licensed independent living arrangement that serves youth, aged 17-21, from a variety of previous placements with varied psychiatric diagnoses and behavioral disorders. YouthQuest provides 1:1 case management in a structured, supervised apartment setting where youth work on goals, specific to them, in areas such as: menu and meal planning, food preparation, cleaning and other household maintenance, identifying and securing housing, identifying and utilizing community and family supports, obtaining and maintaining employment, exploring then enrolling and succeeding in educational programs, scheduling college and/or vocational tours, identifying and using public transportation, developing and following a budget, practicing daily hygiene, refraining from substance use, learning social skills, etc. For the youth in YouthQuest for Moms and Dads, there are additional parenting education and support services included.

**The following services are included in the comprehensive daily rate:**

- Use of the Nurturing Parenting Curriculum
- Assistance with building and enhancing parenting skills
- Ongoing parenting education and behavior modification techniques
- Life Skills Training and Coaching for 5-10 hours per week
- Completion of Casey Life Skills Assessment (annually)
- Formulation of Transitional Living Service Plan,
- Formulation of Monthly Reports and Quarterly Service Plan Updates
- Weekly Case Coordination with Referring Agency and other community partners involved in youth's case
- Coordination of Medical Services, including supervision of prescribed medications
- Coordination of Therapeutic Services
- Assistance with educational services, employment, and daily living
- Weekly Life Skills Group
- Staff on call 24 hours per day
- Weekly Grocery Allowance, including weekly menu planning
- Transportation for school, work, religious activities, medical needs & family visitation

**Intercept Health**  
**YouthQuest for Moms and Dads – Independent Living**  
**(18 years old +)**

**Per Diem Rate Schedule**  
**July 1, 2022 – June 30, 2023**

**Comprehensive Daily Rate and Services:**

<b>Independent Living Services</b>	<b>\$331.71/day</b>
<b>YouthQuest Room and Board</b>	<b>\$644.00/month</b>

Note: The Independent Living Stipend and/or Fostering Futures Maintenance Payment that YouthQuest will be receiving on behalf of the youth will be used to cover the YouthQuest Room and Board rate. With the youth who are receiving the Fostering Futures Maintenance Payment, the additional \$128 from the \$772 maintenance payment will be placed in the youth's YouthQuest savings account. The youth will be allowed to use the \$128 that is placed into their savings account for their personal monthly expenses as well as to work on their money management skills.

Note: Intercept follows all rate schedules set forth by the Department of Social Services. Should the state rate be adjusted, this rate sheet will be adjusted to meet all state mandates and guidelines.

*\*Please note: Pregnant and/or parenting 2 children is an additional \$50.00 per day, in order to cover the additional room and board costs, additional transportation services, and additional support\**

-----

YouthQuest is a licensed independent living arrangement that serves youth, aged 17-21, from a variety of previous placements with varied psychiatric diagnoses and behavioral disorders. YouthQuest provides 1:1 case management in a structured, supervised apartment setting where youth work on goals, specific to them, in areas such as: menu and meal planning, food preparation, cleaning and other household maintenance, identifying and securing housing, identifying and utilizing community and family supports, obtaining and maintaining employment, exploring then enrolling and succeeding in educational programs, scheduling college and/or vocational tours, identifying and using public transportation, developing and following a budget, practicing daily hygiene, refraining from substance use, learning social skills, etc. For the youth in YouthQuest for Moms and Dads, there are additional parenting education and support services included.

**The following services are included in the comprehensive daily rate:**

- Use of the Nurturing Parenting Curriculum
- Assistance with building and enhancing parenting skills
- Ongoing parenting education and behavior modification techniques
- Life Skills Training and Coaching for 5-10 hours per week
- Completion of Casey Life Skills Assessment (annually)
- Formulation of Transitional Living Service Plan, Monthly Reports and Quarterly Service Plan Updates
- Weekly Case Coordination with Referring Agency and other community partners involved in youth's case
- Coordination of Medical and Therapeutic Services, including supervision of prescribed medications
- Assistance with educational services, employment, and daily living
- Weekly Life Skills Group
- Staff on call 24 hours per day
- Weekly Grocery Allowance, including weekly menu planning
- Transportation for school, work, religious activities, medical needs & family visitation

# **Intercept Health**

## **YouthQuest Independent Living (18 years old +)**

### **Per Diem Rate Schedule** **July 1, 2022 – June 30, 2023**

#### **Comprehensive Daily Rate and Services:**

<b>Independent Living Services</b>	<b>\$222.04/day</b>
<b>YouthQuest Room and Board</b>	<b>\$644.00/month</b>

Note: The Independent Living Stipend and/or Fostering Futures Maintenance Payment that YouthQuest will be receiving on behalf of the youth will be used to cover the YouthQuest Room and Board rate. With the youth who are receiving the Fostering Futures Maintenance Payment, the additional \$128 from the \$772 maintenance payment will be placed in the youth's YouthQuest savings account. The youth will be allowed to use the \$128 that is placed into their savings account for their personal monthly expenses as well as to work on their money management skills.

Note: Intercept follows all rate schedules set forth by the Department of Social Services. Should the state rate be adjusted, this rate sheet will be adjusted to meet all state mandates and guidelines.

---

YouthQuest is a licensed independent living arrangement that serves youth, aged 17-21, from a variety of previous placements with varied psychiatric diagnoses and behavioral disorders. YouthQuest provides 1:1 case management in a structured, supervised apartment setting where youth work on goals, specific to them, in areas such as: menu and meal planning, food preparation, cleaning and other household maintenance, identifying and securing housing, identifying and utilizing community and family supports, obtaining and maintaining employment, exploring then enrolling and succeeding in educational programs, scheduling college and/or vocational tours, identifying and using public transportation, developing and following a budget, practicing daily hygiene, refraining from substance use, learning social skills, etc. For the youth in YouthQuest for Moms and Dads, there are additional parenting education and support services included.

#### **The following services are included in the comprehensive daily rate:**

- Life Skills Training and Coaching for 5-10 hours per week
- Completion of Casey Life Skills Assessment (annually)
- Formulation of Transitional Living Service Plan
- Formulation of Monthly Reports and Quarterly Service Plan Updates
- Weekly Case Coordination with Referring Agency and other community partners involved in youth's case
- Coordination of Medical Services, including supervision of prescribed medications
- Coordination of Therapeutic Services
- Assistance with educational services, employment, and daily living
- Weekly Life Skills Group
- Staff on call 24 hours per day
- Weekly Grocery Allowance, including weekly menu planning
- Transportation for school, work, religious activities, medical needs, and family visitation

# Intercept Health

## Community Based Services Rate Schedules

### July 1, 2022 – June 30, 2023

#### Service Rates:

Intensive In-Home Services <sup>1</sup>	\$67.50 / Hour
Supportive In-home Services	\$67.50 / Hour
Mental Health Skill-Building <sup>1,2,4</sup>	\$102.38 per Unit for Urban localities \$93.38 per Unit for Rural localities
Parent Coaching	\$60.00/per hour
Therapeutic Day Treatment <sup>1,3</sup>	\$41.10 per Unit
Raising Our Children: Home Based Parent Counseling	\$78.00 per hour
S.T.A.Y.	\$72.10 per hour
Psychiatric Stabilization (1:1)	
Provided by LMHP	\$48.30 per 15 minutes
Provided by QMHP (A/C)	\$40.23 per 15 minutes
Psychiatric Stabilization (2:1)	
Provided by LMHP / QMHP (A/C/E)	\$85.83 per 15 minutes

#### 360° Transitional Solutions

360° Therapeutic Aide	\$52.79 per hour
360° Emergency Aide	\$54.37 per hour
360° Transportation – Local Rate (less than 20 miles)	\$36.05 each way
360° Transportation – Distance Rate (20 miles & over)	\$1.80 per mile

#### ABA Services

Initial Behavior Assessment <sup>1,5</sup>	
Provided by BCBA	\$46.63 per 15 minutes
Provided by BCaBA	\$23.48 per 15 minutes

Direct ABA Services (1:1) <sup>1,5</sup>	
Provided by BCBA	\$46.63 per 15 minutes
Provided by BCaBA	\$23.48 per 15 minutes
Provided by RBT	\$25.00 per 15 minutes
Supervision/Program Development/Parent Training <sup>1,5</sup>	
Provided by BCBA	\$46.63 per 15 minutes
Provided by BCaBA	\$23.48 per 15 minutes
Group ABA Services (2-8 clients) <sup>1,5</sup>	\$17.50 per 15 minutes per client
Care Coordination <sup>1</sup>	
Provided by BCBA	\$46.63 per 15 minutes
Provided by BCaBA	\$23.48 per 15 minutes
ABA Coaching/Consulting	
Provided by Tier 3 RBT/BCBA/BCaBA	\$25 per 15 minutes
Consultation and Supervision of ABA Services (by Licensed Staff)	
Provided by BCBA	\$188 per hour
Provided by BCaBA	\$125 per hour
RBT Support in group environment (up to 4 clients)	\$100 / hour with a minimum of 6 hours per day
Registered Behavior Technicians	\$60.00 per hour
Registered Behavior Technician Supervision	\$125.00 per hour

*Notes:*

*1 - Medicaid Reimbursable Service*

*2 - Unit is defined as 1-2.99 Hrs. Daily (1Unit), 3-4.99 hrs. (2 Units), 5-6.99 hrs. (3 Units), 7+ (4 Units)*

*3 - Unit is defined as 2-2.99 Hrs. Daily (1Unit), 3-4.99 hrs. (2 Units), 5+ (3 Units)*

*4 - Reimbursement rate is county specific (Rural vs. Urban)*

*5 - Commercial insurance reimbursable service*



# **Intercept Health**

## **Community Based Services Descriptions**

### **July 1, 2022 – June 30, 2023**

**Intensive In-Home Services** - Services for children/adolescents under the age of 21. Services are intensive, time-limited interventions provided typically but not solely in the residence of a child who is at-risk of being moved into an out of home placement or who is being transitioned to the home from an out of home placement due to documented clinical needs of the child. These services provide crisis treatment, individual and family counseling and communication skills (e.g. counseling to assist the child and his parent to understand and practice appropriate problem-solving, anger management, and interpersonal interactions, etc.) and coordination with other required services. Services also included 24-hour emergency response.

**Supportive In-home Services** - Support and other structured services provided to strengthen individual skills and or provide environmental supports for individuals with behavioral/mental health problems. Services are based on the needs of the individual and include training and assistance. Services include Supportive In-home non- licensed service.

**Mental Health Skill-Building Service** - A training service for individuals with significant psychiatric functional limitations. Services are designed to train individuals in functions skills and appropriate behavior related to the individual's health and safety, activities of daily living and use of community resources, assistance with medication management and monitoring health, nutrition and physical condition. These services are intended to enable individual with significant mental illness to achieve and maintain community stability and independence in the most appropriate, least restrictive environment.

**Psychiatric Stabilization:** Intercept's Psychiatric Stabilization Services are short-term, direct mental health care to non-hospitalized individuals who recently experienced acute psychiatric symptoms or behavioral symptoms that place their home, school, or program placement at risk. The goals are to avert hospitalization or re-hospitalization; provide normative environments with a high assurance of safety; stabilize the individual's home, school, or program placement; and mobilize both referrals for necessary treatment post discharge as well as resources through natural supports. While admitted to the program, individuals will participate in crisis/safety planning, treatment planning, individual and family counseling, and symptom and behavior management. Staff who provide Psychiatric Stabilization services use a trauma informed care approach.

**360° Transitional Solutions-** Community based programming providing evidence-based therapeutic interventions. *Services include:*

- **360° Therapeutic Aide** – One to one support for clients in the community and daycare/school setting. A Behavioral Assessment will be completed upon initiation to include observation, documentation review and interviews with members of the treatment team to help identify goals for the Behavioral Plan. A Behavioral Plan will detail the Goals, Objectives and Interventions to be implemented to address the identified problems areas inhibiting the client's stability and success. Staff are trained in ABA strategies, trauma-informed care, PBIS and resiliency theory.

School-based TA staff will provide up to 19 days of additional therapeutic services during school identified holidays and non-educational days, referred to as Enrichment Days at no additional cost. Enrichment days will promote critical thinking and problem-solving skills, improve student's ability to concentrate, and make learning more meaningful, valuable, and rewarding. Services can be provided 1:1 or 1:2 depending on the client's needs. Clients demonstrating emotional gains and receiving a 1:1 can transition to a 1:2 or a lower level of care.

- **360° Emergency Aide:** Emergency Aides are dispatched on short notice to provide adequate supervision for children/adolescents needing assistance for up to 30 days. Full 24-hour supervision is also available. Additional Aides may be utilized for children/adolescents who may exhibit highly aggressive behaviors.
- **360° Transportation (Local and Distant)** – Local and Distant Transportation is provided by drivers trained in trauma-informed care and behavioral de-escalation (Ukeru/Crisis Wave). Local transportation can be provided for any type of situation within a 20-mile range. Distant cases are over 20 miles with out-of-state transportation available. Secure transports provide a non-intrusive approach for children/adolescents with aggressive behaviors. Emergency Aide(s) may be used when additional support is needed during distant trips.

**Raising Our Children (ROC) – Home Based Parent Counseling** focused on six core areas including nurturing and attachment; childcare and safety; health and nutrition; child growth and development; positive discipline; and parental and family resilience. ROC promotes a healthy parent-child relationship and utilizes the Nurturing Parenting Curriculum, an evidence-based program.

**Therapeutic Day Treatment:** Therapeutic Day Treatment (TDT) is school based counseling for at risk students exhibiting behavioral, emotional, or mental illness characteristics. TDT utilizes a Positive Behavioral Support model to identify, address and decrease problem behaviors and assist the student with optimal classroom behavior.

**Parent Coaching:** a prevention service that empowers caretakers with the knowledge and tools necessary to parent effectively and with confidence while maintaining a healthy, nurturing relationship with their child. Parent Coaching offers individualized approaches to teach caretakers parenting skills through an evidenced-based parenting curriculum. During home-based sessions, parenting specialists provide remedial review of curriculum information, model parenting skills, role-play parenting techniques with the caretaker, facilitate opportunities for caretakers to begin practicing healthy parenting strategies within their parent-child relationship, and tailor their intervention to meet the unique needs of each caretaker.

**S.T.A.Y.:** STAY is a home-based service that aims to keep families together by stabilizing the home placement of youth who are at high and/or imminent risk of being placed in a congregate care setting. Standing for Safety, Treatment, Action and You & Your Family, STAY is anchored in trauma-focused, evidenced-based training and interventions. STAY offers a team approach in meeting the behavioral health needs of youth and their families, recognizing each family member as an essential part of the team. STAY relies on a collaborative model to teach the skills necessary to thrive in the home, school, and community, including these four service areas:

- Safety Planning and Monitoring
- Development of Individual and Family Protective Factors
- Trauma-Focused, Evidence-Based Parent Skill Training
- Comprehensive Service Planning and Coordination

## **ABA Services:**

**Initial Behavior Assessment** – Completed by Board Certified Behavior Analyst or Board-Certified Assistance Behavior Analyst. Service is to determine appropriateness of ABA therapy and develop initial treatment plan. Includes direct and indirect assessment of client, interview with family members and other service providers, development of treatment plan, and determination of treatment frequency.

**Direct Services by RBT/BT (1:1)** – Direct implementation of ABA treatment plan by a Registered Behavior Technician or ABA Behavior Tech.

**Supervision/Program Development/Parent Training by BCBA/BCaBA** – encompasses work completed by BCBA/BCaBA on an on-going basis for client, including supervision of RBT/BT (simultaneously with 1:1 or group services), ongoing program development and treatment plan updating, parent and caregiver training, and other required services such as direct observation and feedback. Occurs at 10-20% of direct service hours.

**Group Services by RBT/BT** – 1:2-1:4 services with one Registered Behavior Technician or ABA Behavior Tech and up to 4 clients working together on social skills, group skills, or other interventions best taught in a small group of same-aged participants.

**ABA Coaching and Consulting** – Designed for families who require in-depth coaching by experienced RBT or directly by BCBA/BCaBA. Not a direct service but provided directly to a family in their home or in the community.

**RBT Support in Group Environment** – Registered Behavior Technician support for up to 4 clients simultaneously in a group environment. Bundled with BCBA/BCaBA supervision and support.



5673 Airport Road  
 Roanoke, VA 24012  
 Phone: 540-523-8080 opt 1  
 Fax: 540-512-9775

**TRUE NORTH HEALTH CLINIC FY23 RATE SHEET**

Service	Code	Rate
Initial Psychiatric Medication Appointment (60 min)	90792	\$210.00
Follow up Psychiatric Medication Appointment (20 min)	99214	\$120.00
Follow up Psychiatric Medication Appointment with Brief Psychotherapy (30-45 min)	99214 + 90833	\$195.00
Initial Suboxone Medication Appointment without Induction (60 min)	90792	\$210.00
Initial Suboxone Medication Appointment with Induction (80 min)	H0014	\$300.00
Follow up Suboxone Medication Appointment (20 min)	99214	\$120.00
Follow up Suboxone Medication Appointment with Brief Psychotherapy (30-45 min)	99214 + 90833	\$195.00
Initial Counseling Substance Abuse Assessment (60 min)	90791	\$150.00
Follow up Substance Abuse Counseling Session (60 min)	90837	\$140.00
Intensive Outpatient Program Counseling (3-hour block) x 3 times per week x 12 weeks \$281.25 per 3-hour block x 3 times per week = \$843.75 per week \$281.25 per week x 12 weeks = \$10,125 (*Length of time varies per individual)	H0015	\$10,125.00
Substance Abuse Group (60 min) (*Length of time varies per individual)	90853	\$55.00
Continue Care Group (60 min) (*frequency and length of time varies per individual)	90853	\$55.00 per group
Substance Use Case Management	H0006	\$276.75 per month
SASSI	99408, G0396, H0049	\$35.00
Urine Drug Screen Cup (price per cup used)	80305	\$20.00
Urine Drug Screen Confirmation or Oral Swab (Sent out to the Quest Diagnostics Lab) Patient can call 800-653-2205	Varies	Varies-Lab will bill patient
Alcohol (Ethanol) Breath test	82075	\$10.00
Urine Pregnancy Test (price per test used)	81025	\$10.00
Injection of Psychotropic medication	J code Varies for type of drug	\$25.00