When you choose Intercept's True North Health Clinic, you can be comforted to know that you will be served by highly trained professionals who offer a full continuum of care. No referral is necessary, and you do not have to be a client of Intercept to receive services.

Our mission is to provide the highest quality of care to individuals with mental health needs and to transform lives impacted by addiction through a comprehensive, structured therapeutic program.

True North offers psychiatric services for individuals ages 5 and older.

Intercept Health

Psychiatric and Substance Abuse Services

Providing an integrated approach to care.

5673 Airport Road Roanoke, VA 24012 p -540-523-8080 option 1 f - 540-512-9775

www.Intercepthealth.com/psych-services

refer@intercepthealth.com

True North participates with most insurance companies including Medicaid.

#### SPECIALIZING IN

Addiction
Outpatient Detoxification
Tele-Psychiatry
Attention Deficit Hyperactivity Disorder
Post-Traumatic Stress Disorder
Reactive Attachment Disorder
Oppositional Defiance Disorder
Major Depressive Disorder
Generalized Anxiety Disorders
Obsessive Compulsive Disorder
Bipolar Spectrum Disorder
Schizophrenia Spectrum Disorder
Autism Spectrum Disorder

# PSYCHIATRIC SERVICES

Medication Management
Brief Psychotherapy
Assessment and Diagnostic Testing
Referrals to additional support services





True North believes that collaboration and partnerships help our clients live successful lives. True North partners with healthcare professionals and community partners to create innovative, integrated services for our clients to reach their full potential.

### **PARTNERSHIPS**

Carilion Clinic
Intercept's LifeBridge Continuum of Care:
Crisis Services
School Based Services
Mental Health Skill Building
Intensive In-Home Services
Sex Offender Treatment
Treatment Foster Care
LifeBridge Counseling

## SUBSTANCE ABUSE SERVICES

- Substance Abuse Assessments
- Drug and Alcohol Screening
- Intensive Outpatient Program

12 weeks of Intensive Outpatient Substance Abuse Groups followed up by Continue Care Groups

Medical Outpatient Detox & Psychiatric Medication Management

Highly trained Licensed Professionals and Medical Staff

#### **TELE-PSYCH**

True North is proud to be the leader in offering tele-psychiatry in a variety of settings. We believe expanding services via the internet removes barriers to accessing these crucial services. Now, all clients will be able to benefit from our services no matter where they live.

Currently, True North provides Tele-Psych services in all Intercept Community Homes, FreshStart Homes, YouthQuest locations, office sites and select Therapeutic Day Treatment school settings. True North will continue expanding services throughout Virginia. Please contact our staff to learn more.